

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+4 +6 =	
2	+6 +5 =	
3	+7 +9 =	
4	-4 -3 =	
5	-10 +10 =	
6	-6 -9 =	
7	+8 -4 =	
8	+1 +5 =	
9	+5 -4 =	
10	+4 +6 =	
11	0 -1 =	
12	0 -2 =	
13	+6 -2 =	
14	+6 +4 =	
15	-3 +10 =	
16	-6 -8 =	

Numeri da -10 a +10

1	+3 +4 -9 =	
2	+7 +8 +9 =	
3	-2 +8 -8 =	
4	+1 +4 -1 =	
5	+9 -2 +2 =	
6	-5 +10 +8 =	
7	-1 +1 -9 =	
8	-6 -3 +7 =	
9	+9 -4 -9 =	
10	+9 +3 -8 =	
11	-5 -3 -9 =	
12	-4 -2 -10 =	
13	-1 +2 +4 =	
14	-9 -6 +3 =	
15	+7 +6 -7 =	
16	+2 +3 +2 =	

Numeri da -10 a +10

1	-10 +1 +4 +3 +4 =	
2	-3 -6 -1 -8 +4 =	
3	-9 -8 -2 +2 -3 =	
4	-7 -9 -5 +10 -4 =	
5	+4 -2 -5 -10 +7 =	
6	+7 -10 +6 +5 -5 =	
7	+2 -9 -3 -7 +10 =	
8	+2 -6 +1 -8 +9 =	
9	+6 +8 -1 -4 -8 =	
10	-6 -2 -4 -1 -10 =	
11	+6 +9 +9 +2 -9 =	
12	+2 +7 -3 -10 +10 =	
13	+3 -1 +5 -6 +1 =	
14	+4 +4 +5 -5 -5 =	
15	+5 -5 -9 -1 -4 =	
16	+10 +4 +7 -4 +6 =	

Numeri da -20 a +20

17	+10 +6 =	
18	+13 +20 =	
19	-10 +13 =	
20	-16 -14 =	
21	-10 +11 =	
22	-11 -11 =	
23	-16 -8 =	
24	-19 -11 =	
25	+9 +12 =	
26	+12 -15 =	
27	+6 -11 =	
28	-20 -18 =	
29	-20 -17 =	
30	-15 +6 =	
31	-9 +7 =	
32	+16 -14 =	

Numeri da -20 a +20

17	+15 +10 +6 =	
18	-17 -15 +10 =	
19	-11 +9 -13 =	
20	+11 -14 -10 =	
21	+16 -20 -10 =	
22	+16 -6 +11 =	
23	+18 -10 +17 =	
24	+6 +18 +19 =	
25	+14 -6 -8 =	
26	-20 -12 +10 =	
27	-19 +17 -11 =	
28	-15 +9 +19 =	
29	-10 +18 -11 =	
30	-19 +18 +13 =	
31	-15 -16 +14 =	
32	+9 +15 +9 =	

Numeri da -20 a +20

17	+1 +7 -11 +16 -18 =	
18	-9 +2 -11 +8 -6 =	
19	-18 -3 +7 -20 +19 =	
20	0 +4 +7 +17 -13 =	
21	+20 +3 +6 -20 +19 =	
22	+5 +20 +9 -10 -19 =	
23	-4 +11 +13 -8 +6 =	
24	-5 -12 -8 -7 +18 =	
25	-8 -17 -12 +17 -15 =	
26	+17 +6 +16 +15 +2 =	
27	0 +12 +14 +17 +9 =	
28	-4 -3 +9 +19 +20 =	
29	+10 +14 +16 -12 +5 =	
30	-11 -19 +9 -9 -1 =	
31	+20 -10 +15 +17 +15 =	
32	+19 +6 -16 -11 +16 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-8 -7 =	
2	+9 -6 =	
3	+5 -8 =	
4	-7 -2 =	
5	-3 -5 =	
6	+4 -1 =	
7	-7 +6 =	
8	+7 +7 =	
9	0 +6 =	
10	-4 -3 =	
11	+2 +4 =	
12	-6 +9 =	
13	+6 -7 =	
14	-1 +7 =	
15	-7 -4 =	
16	-8 +7 =	

Numeri da -10 a +10

1	-8 -8 +5 =	
2	+3 -9 +4 =	
3	+3 +6 -3 =	
4	+1 -5 +10 =	
5	0 +10 +3 =	
6	+4 +3 -8 =	
7	-2 -9 +1 =	
8	-10 -6 -9 =	
9	+9 -7 +6 =	
10	-10 -3 +7 =	
11	-9 -10 -1 =	
12	0 -6 +2 =	
13	+7 +3 +5 =	
14	+7 -7 -9 =	
15	+10 +9 +5 =	
16	0 -3 +6 =	

Numeri da -10 a +10

1	-10 -7 -1 -10 -6 =	
2	-3 -1 -9 -9 +5 =	
3	-4 +3 +8 +10 -7 =	
4	-6 +9 +7 +5 -6 =	
5	+6 +9 +10 -8 +8 =	
6	-8 -6 +5 +3 +4 =	
7	-9 -3 -4 +3 -3 =	
8	+6 +5 -4 +9 -7 =	
9	-7 +6 +6 -6 +5 =	
10	+9 -2 -10 +2 +5 =	
11	+5 -7 +3 -5 +2 =	
12	+4 -2 -1 -5 -7 =	
13	+5 +10 +2 +10 +5 =	
14	-10 -2 +4 +10 +1 =	
15	+5 +9 +2 +6 -10 =	
16	-7 -3 -9 -1 +4 =	

Numeri da -20 a +20

17	+7 -20 =	
18	+8 +9 =	
19	+12 +10 =	
20	+8 -7 =	
21	-16 +16 =	
22	+19 +20 =	
23	-8 -19 =	
24	+20 +12 =	
25	+15 +15 =	
26	-10 +13 =	
27	+9 +18 =	
28	+7 +15 =	
29	+6 +19 =	
30	+12 -7 =	
31	-12 -6 =	
32	-12 -13 =	

Numeri da -20 a +20

17	-16 +20 -15 =	
18	+19 -8 -20 =	
19	-7 +17 +19 =	
20	+9 -17 -10 =	
21	-11 +15 +9 =	
22	-9 +6 -14 =	
23	+19 +13 -6 =	
24	-11 +16 -20 =	
25	+15 +15 -19 =	
26	-6 +6 +20 =	
27	+10 -15 +8 =	
28	-10 -10 +8 =	
29	+17 +9 -14 =	
30	-6 -10 +6 =	
31	-11 +8 +20 =	
32	+19 -16 +12 =	

Numeri da -20 a +20

17	-1 +4 +16 -16 +4 =	
18	-17 +16 -14 +16 -4 =	
19	0 -12 +7 +20 -7 =	
20	-18 -16 -7 +9 +6 =	
21	-2 -20 -19 +14 -2 =	
22	+5 +6 -10 +16 -6 =	
23	0 -11 -14 +9 -19 =	
24	+14 -3 +20 -11 +3 =	
25	+12 -2 +8 +15 +20 =	
26	-4 -17 +15 -18 -19 =	
27	+6 -1 -18 +13 +14 =	
28	+18 -11 +18 -20 -8 =	
29	+7 +10 -9 +15 -8 =	
30	-11 +12 +16 -12 -20 =	
31	-10 -6 -7 +8 +16 =	
32	+18 -15 -9 +13 +5 =	

**ADDIZIONI ALGEBRICHE
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**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+10 -9 =	
2	+7 -7 =	
3	-5 -10 =	
4	+5 -1 =	
5	-6 +7 =	
6	+2 -7 =	
7	+10 -10 =	
8	0 +4 =	
9	-8 -3 =	
10	+2 -7 =	
11	-5 +4 =	
12	+2 +7 =	
13	+2 -4 =	
14	+4 +4 =	
15	-5 -5 =	
16	+3 -6 =	

Numeri da -10 a +10

1	-8 -5 +5 =	
2	+8 -3 +10 =	
3	-2 +3 +1 =	
4	+6 +4 -7 =	
5	-6 -10 -8 =	
6	-9 +1 -6 =	
7	+4 -9 +5 =	
8	-7 -4 -2 =	
9	+6 -9 -8 =	
10	-9 -7 -2 =	
11	-7 -4 +7 =	
12	-10 +6 +9 =	
13	-8 +1 +1 =	
14	+9 -9 -1 =	
15	-3 +5 -8 =	
16	0 -8 -1 =	

Numeri da -10 a +10

1	-2 +1 -4 +8 +3 =	
2	+7 -8 +3 -4 -8 =	
3	+3 -5 +6 -6 +4 =	
4	-6 -4 -6 +1 +5 =	
5	+5 +8 +3 -5 -4 =	
6	-7 +1 +3 -7 -1 =	
7	+8 -2 -8 -7 -1 =	
8	-7 -7 +8 +2 +3 =	
9	-3 -10 -3 +6 +1 =	
10	-10 -6 +3 +9 -4 =	
11	+9 +7 -4 +5 -5 =	
12	-9 -1 -3 -1 +3 =	
13	-10 -2 +4 -5 +10 =	
14	-10 +6 +4 +2 +6 =	
15	-6 +8 +1 +1 -3 =	
16	-3 +10 +8 -4 +4 =	

Numeri da -20 a +20

17	-8 +10 =	
18	+20 +16 =	
19	-19 -15 =	
20	+6 +15 =	
21	+9 +19 =	
22	+15 -20 =	
23	-6 +14 =	
24	-13 -14 =	
25	-15 -20 =	
26	+8 -18 =	
27	-15 +13 =	
28	-15 -9 =	
29	+7 -10 =	
30	-15 +14 =	
31	-11 +12 =	
32	-15 +18 =	

Numeri da -20 a +20

17	+15 +11 +20 =	
18	-7 +12 +15 =	
19	-9 -7 +14 =	
20	-16 -12 +6 =	
21	+19 -16 -10 =	
22	-6 -9 +7 =	
23	+7 -7 -11 =	
24	-13 +11 +6 =	
25	+18 +16 -11 =	
26	+15 +14 -11 =	
27	-16 -7 -13 =	
28	-19 -20 -10 =	
29	-7 +14 +10 =	
30	-12 +7 -13 =	
31	-18 +11 +15 =	
32	+12 -20 -9 =	

Numeri da -20 a +20

17	+1 +9 -8 -17 -2 =	
18	-17 +1 +10 -7 +10 =	
19	+16 -11 +10 -17 +19 =	
20	+3 -7 +12 +13 -20 =	
21	-2 +3 +18 -14 +20 =	
22	-1 -2 +14 +19 -2 =	
23	+11 -16 +18 +9 +9 =	
24	-20 +1 -16 +14 -15 =	
25	-5 +7 -11 +17 -5 =	
26	-1 -3 -14 -7 -8 =	
27	+15 -4 -16 +14 -10 =	
28	+18 -10 -10 -15 +10 =	
29	-3 +9 +12 +15 -3 =	
30	-11 +15 -8 +9 +16 =	
31	-13 +1 +6 -19 -5 =	
32	-11 +4 -18 +10 -2 =	

**ADDIZIONI ALGEBRICHE
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**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+10 -6 =	
2	+1 -7 =	
3	+1 -3 =	
4	-4 +4 =	
5	-7 -3 =	
6	+3 +5 =	
7	-6 -5 =	
8	-5 +7 =	
9	+1 +2 =	
10	0 -7 =	
11	+5 -6 =	
12	+3 -2 =	
13	-10 -7 =	
14	0 +9 =	
15	-2 -3 =	
16	-4 +5 =	

Numeri da -10 a +10

1	-8 -4 +2 =	
2	+10 +4 +6 =	
3	-6 -4 +5 =	
4	-3 +2 -10 =	
5	+7 +10 +9 =	
6	+4 -8 -10 =	
7	+6 -1 +6 =	
8	-4 +2 +7 =	
9	-2 +10 -6 =	
10	-1 -1 -5 =	
11	-3 -5 +2 =	
12	+2 +3 -2 =	
13	-9 +3 +9 =	
14	-1 +4 +7 =	
15	+10 -5 +6 =	
16	+5 -6 -5 =	

Numeri da -10 a +10

1	-3 -9 -7 -1 +7 =	
2	-1 +3 -7 +5 -9 =	
3	-4 -8 +10 -2 +10 =	
4	-6 +10 -5 +2 -6 =	
5	+1 +2 +5 -2 +6 =	
6	-4 -4 -5 -5 -2 =	
7	-9 +7 +1 +7 +1 =	
8	-9 -8 +5 -5 +4 =	
9	-4 -2 +6 -4 -1 =	
10	+5 -8 -7 +1 +7 =	
11	-9 +4 +10 -3 -4 =	
12	+7 +6 +6 +4 +7 =	
13	+3 -9 -3 +4 -3 =	
14	-10 +8 +5 -5 -6 =	
15	+8 -6 +4 -8 -9 =	
16	+1 +2 -2 +8 -3 =	

Numeri da -20 a +20

17	-11 -12 =	
18	-14 -13 =	
19	+17 +16 =	
20	+9 -11 =	
21	+19 -12 =	
22	-10 +17 =	
23	+17 +18 =	
24	-8 -6 =	
25	-6 +8 =	
26	-9 +8 =	
27	+17 +13 =	
28	+10 -8 =	
29	-7 +10 =	
30	-10 -18 =	
31	-7 +18 =	
32	+19 +15 =	

Numeri da -20 a +20

17	-10 -6 +15 =	
18	-17 +9 -13 =	
19	+17 +12 -15 =	
20	+17 +19 +6 =	
21	+8 -10 -18 =	
22	-6 +12 +10 =	
23	+11 +20 -14 =	
24	-11 +11 -14 =	
25	+20 -18 -8 =	
26	-8 -8 +18 =	
27	+18 +9 -10 =	
28	+13 +19 +10 =	
29	-20 -12 +8 =	
30	+6 -18 +11 =	
31	+8 +19 -10 =	
32	+7 +19 -13 =	

Numeri da -20 a +20

17	+6 -13 +19 -9 -19 =	
18	-13 -14 -20 +19 +15 =	
19	+10 +10 -9 -8 -17 =	
20	+16 -15 -12 +15 +6 =	
21	+2 -9 +6 +15 -12 =	
22	-15 -2 +16 -8 +9 =	
23	-1 -16 -16 -9 -20 =	
24	-17 -6 +20 -6 +17 =	
25	+13 +12 +15 -15 -10 =	
26	+20 +15 +10 +12 +5 =	
27	-13 -3 +7 -10 -11 =	
28	-12 -11 -18 +8 +19 =	
29	-18 -11 +8 -17 +15 =	
30	+6 +15 -11 -10 +18 =	
31	-15 -15 +6 -15 -13 =	
32	-9 -12 -13 -10 -5 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-9 +10 =	
2	+7 -7 =	
3	-6 -9 =	
4	+2 -3 =	
5	+7 +7 =	
6	-3 -6 =	
7	-2 -9 =	
8	+8 +4 =	
9	+1 -7 =	
10	+5 +10 =	
11	-8 -3 =	
12	+1 -8 =	
13	+8 -9 =	
14	+3 +5 =	
15	-2 -6 =	
16	-8 +5 =	

Numeri da -10 a +10

1	+2 -2 -6 =	
2	-8 +4 -8 =	
3	-7 +7 +5 =	
4	-4 +8 +9 =	
5	+1 -4 +7 =	
6	+4 -6 +3 =	
7	+7 +6 -4 =	
8	-2 +4 +7 =	
9	+3 +6 -8 =	
10	-6 +6 -6 =	
11	+6 -9 -3 =	
12	-4 +4 +7 =	
13	+7 +5 +3 =	
14	+7 +3 -7 =	
15	-6 +10 -5 =	
16	+3 -3 +1 =	

Numeri da -10 a +10

1	-8 +5 -8 -9 +10 =	
2	-7 +5 -9 +8 +10 =	
3	-2 -3 +1 +7 -4 =	
4	+7 +9 +9 +8 -1 =	
5	-2 +9 -5 -3 +9 =	
6	+3 +3 +5 -6 +2 =	
7	-8 +10 +8 +6 -10 =	
8	+6 +10 +2 +1 +1 =	
9	-1 -1 -8 -6 +8 =	
10	+4 -7 +8 -9 +2 =	
11	+10 -5 +7 -3 +10 =	
12	-6 -7 -8 -1 -8 =	
13	+9 -9 +10 -3 -2 =	
14	+9 +5 -5 +4 +10 =	
15	-8 -6 -1 -8 +5 =	
16	-7 +9 -3 -9 +6 =	

Numeri da -20 a +20

17	-11 -10 =	
18	+16 -13 =	
19	-19 +16 =	
20	-17 -18 =	
21	+19 -8 =	
22	-6 +13 =	
23	+7 +8 =	
24	-17 +18 =	
25	+9 -18 =	
26	+19 +20 =	
27	-11 -11 =	
28	-19 -20 =	
29	-14 +11 =	
30	+18 +7 =	
31	-13 -11 =	
32	+9 +19 =	

Numeri da -20 a +20

17	-13 -6 +8 =	
18	+19 -13 +9 =	
19	+11 +9 -18 =	
20	-12 -14 +16 =	
21	-8 +17 +8 =	
22	-11 -10 -16 =	
23	+8 -20 -9 =	
24	+13 +17 +18 =	
25	-18 +18 -15 =	
26	-13 -14 +11 =	
27	-17 +7 -16 =	
28	+11 -8 -16 =	
29	+13 -8 +18 =	
30	-19 +19 +6 =	
31	-17 +18 -20 =	
32	+17 -17 +9 =	

Numeri da -20 a +20

17	0 +15 +16 +17 +4 =	
18	+19 -13 +20 +10 -1 =	
19	-16 -18 -8 +9 +12 =	
20	-17 -4 -8 +19 -9 =	
21	+5 +10 +8 +19 +13 =	
22	+1 -11 -15 +11 +3 =	
23	-18 -3 +11 -12 +8 =	
24	+3 +17 -11 -15 -10 =	
25	-20 +7 +17 -7 +9 =	
26	0 +2 +14 -10 -12 =	
27	+14 -8 +7 -16 -12 =	
28	-1 -10 +20 +9 -4 =	
29	-3 -19 -14 +15 -12 =	
30	-6 +15 +19 -6 -4 =	
31	+5 +6 -15 -6 +10 =	
32	+8 -18 -20 -17 -14 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+4 -10 =	
2	+5 +5 =	
3	+4 +1 =	
4	+1 -3 =	
5	+8 -9 =	
6	+6 -3 =	
7	+10 +7 =	
8	+8 +6 =	
9	+4 -3 =	
10	-9 +9 =	
11	-8 -10 =	
12	-2 -6 =	
13	-9 +7 =	
14	+8 +8 =	
15	-1 +5 =	
16	-5 -7 =	

Numeri da -10 a +10

1	+9 -3 -7 =	
2	+9 +7 +6 =	
3	+9 +4 -6 =	
4	+6 +7 +3 =	
5	+7 -4 -4 =	
6	-8 +2 +4 =	
7	0 -8 -6 =	
8	0 +8 -8 =	
9	-4 -8 +6 =	
10	-8 -7 -6 =	
11	+8 -4 -7 =	
12	+1 -4 +10 =	
13	-9 +3 -8 =	
14	-7 -5 +6 =	
15	+6 -1 +9 =	
16	+4 +4 -6 =	

Numeri da -10 a +10

1	0 -8 -3 -8 -2 =	
2	+1 -8 -4 -8 -2 =	
3	+8 +6 +10 +3 -5 =	
4	+7 +5 -1 -3 -5 =	
5	0 +7 +1 -9 -2 =	
6	-6 +9 +4 +9 +4 =	
7	+10 -6 -5 +3 +2 =	
8	-9 -3 +8 -5 +6 =	
9	-7 +5 +7 +2 -4 =	
10	+4 +5 -4 +8 +5 =	
11	+10 -8 -5 +9 -9 =	
12	+4 +6 +10 +1 -2 =	
13	+4 +1 -7 +3 +8 =	
14	-4 +3 -7 -2 +1 =	
15	+1 +4 -1 -10 +6 =	
16	0 +9 +1 +7 -10 =	

Numeri da -20 a +20

17	+16 +8 =	
18	+16 -18 =	
19	+17 -13 =	
20	-12 +7 =	
21	+16 -18 =	
22	+19 -7 =	
23	+18 -6 =	
24	+6 -18 =	
25	+14 -10 =	
26	-19 -10 =	
27	+8 +8 =	
28	+18 -15 =	
29	-14 +11 =	
30	+18 +12 =	
31	-11 -9 =	
32	-16 +17 =	

Numeri da -20 a +20

17	-14 +20 -18 =	
18	+17 +18 -6 =	
19	+18 -16 -7 =	
20	-14 -13 -10 =	
21	+12 +20 -11 =	
22	-19 +13 +10 =	
23	+20 +14 -19 =	
24	-8 -11 +18 =	
25	+14 -11 +8 =	
26	-11 -11 -20 =	
27	-18 -8 +8 =	
28	-20 +9 -20 =	
29	-11 +13 +15 =	
30	-9 -13 +9 =	
31	-20 +18 -7 =	
32	+7 +9 -10 =	

Numeri da -20 a +20

17	+20 +10 -20 -14 -18 =	
18	-10 +12 +13 -12 +12 =	
19	+4 +12 +11 -16 -8 =	
20	+16 -7 -19 +6 +20 =	
21	-1 +4 +7 -19 -18 =	
22	+18 +18 +17 +6 -3 =	
23	+12 -18 -11 -8 +19 =	
24	-20 +8 +13 -10 +18 =	
25	+19 +18 -11 -12 +18 =	
26	-7 -10 +16 -16 +12 =	
27	-15 +6 +6 +18 +4 =	
28	+9 +13 -12 +12 +5 =	
29	+7 +14 -15 +18 -10 =	
30	-11 +10 -9 -9 -17 =	
31	-16 +17 -9 +9 -2 =	
32	+10 +4 +19 +10 -10 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	$+9 - 8 =$	
2	$+9 - 9 =$	
3	$-5 + 7 =$	
4	$-8 - 4 =$	
5	$+5 - 3 =$	
6	$+3 - 7 =$	
7	$-2 + 4 =$	
8	$+9 + 10 =$	
9	$+6 - 10 =$	
10	$+9 - 3 =$	
11	$+9 + 3 =$	
12	$-8 - 9 =$	
13	$-10 - 2 =$	
14	$-4 + 7 =$	
15	$-9 + 2 =$	
16	$+6 + 4 =$	

Numeri da -10 a +10

1	$-9 + 1 - 1 =$	
2	$-9 - 8 - 5 =$	
3	$+6 + 9 - 6 =$	
4	$-5 - 10 - 10 =$	
5	$+5 - 6 + 2 =$	
6	$-1 + 3 - 5 =$	
7	$-5 + 3 - 8 =$	
8	$-10 - 4 - 7 =$	
9	$0 - 7 - 9 =$	
10	$-7 - 3 - 3 =$	
11	$-7 + 9 - 8 =$	
12	$0 - 1 - 9 =$	
13	$+7 + 2 + 10 =$	
14	$0 - 8 + 2 =$	
15	$+4 + 10 - 5 =$	
16	$+10 - 9 + 9 =$	

Numeri da -10 a +10

1	$-2 + 3 - 3 + 7 - 6 =$	
2	$+4 - 4 + 9 - 7 + 3 =$	
3	$+8 + 10 - 4 + 6 - 5 =$	
4	$+2 + 10 - 10 + 7 + 2 =$	
5	$+10 - 9 - 3 - 8 - 5 =$	
6	$-4 - 10 - 6 - 5 - 8 =$	
7	$-1 + 2 + 6 - 7 + 9 =$	
8	$+6 + 7 + 1 - 4 - 1 =$	
9	$+10 + 6 - 2 + 4 - 10 =$	
10	$-9 + 10 + 4 + 4 - 4 =$	
11	$-1 - 8 - 1 - 9 - 6 =$	
12	$+7 + 9 - 10 - 8 + 6 =$	
13	$+7 + 9 - 4 + 8 - 2 =$	
14	$-6 + 9 + 6 + 2 - 2 =$	
15	$-1 - 5 + 9 - 1 + 10 =$	
16	$+6 + 4 + 6 - 4 - 2 =$	

Numeri da -20 a +20

17	$+16 + 13 =$	
18	$+18 + 20 =$	
19	$-10 - 14 =$	
20	$+18 - 12 =$	
21	$+12 + 14 =$	
22	$-16 + 7 =$	
23	$-11 - 16 =$	
24	$+19 + 19 =$	
25	$+15 - 13 =$	
26	$-7 + 11 =$	
27	$+13 - 18 =$	
28	$+9 - 7 =$	
29	$+10 - 7 =$	
30	$+6 - 19 =$	
31	$+18 - 15 =$	
32	$+19 + 16 =$	

Numeri da -20 a +20

17	$+12 - 15 - 7 =$	
18	$-6 + 17 - 8 =$	
19	$+14 - 18 - 8 =$	
20	$+18 + 16 - 17 =$	
21	$-17 + 8 + 17 =$	
22	$+9 - 12 - 11 =$	
23	$-15 - 10 - 20 =$	
24	$+9 - 10 + 19 =$	
25	$+6 - 12 + 14 =$	
26	$-9 + 7 + 7 =$	
27	$+6 + 7 - 6 =$	
28	$+6 - 9 - 6 =$	
29	$-17 + 7 - 7 =$	
30	$-20 + 17 + 9 =$	
31	$+17 - 15 - 14 =$	
32	$-9 - 18 + 17 =$	

Numeri da -20 a +20

17	$-11 - 4 - 11 - 6 + 19 =$	
18	$-20 - 1 - 14 + 9 - 19 =$	
19	$-11 - 10 - 17 - 18 + 8 =$	
20	$-8 + 14 + 9 - 20 + 9 =$	
21	$-9 + 16 - 14 + 11 + 20 =$	
22	$-8 + 14 + 9 - 17 + 15 =$	
23	$+11 + 14 - 6 + 7 - 11 =$	
24	$+12 + 17 - 14 + 9 - 5 =$	
25	$-13 + 5 + 20 - 19 + 11 =$	
26	$-5 - 10 + 18 - 17 + 16 =$	
27	$-16 + 6 - 19 - 20 + 13 =$	
28	$-16 + 7 + 13 - 14 + 4 =$	
29	$-5 + 12 + 16 - 13 + 13 =$	
30	$+8 - 15 - 20 + 17 + 10 =$	
31	$+3 + 11 - 16 + 16 - 19 =$	
32	$+20 + 13 + 7 + 6 + 10 =$	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	0 + 5 =	
2	+3 + 8 =	
3	0 + 2 =	
4	+8 - 8 =	
5	-7 + 8 =	
6	-4 - 6 =	
7	+4 + 6 =	
8	+10 - 10 =	
9	-2 - 10 =	
10	+5 + 3 =	
11	+5 + 8 =	
12	-4 - 5 =	
13	-6 - 8 =	
14	+1 + 7 =	
15	-3 + 3 =	
16	-3 + 7 =	

Numeri da -10 a +10

1	-1 - 9 - 2 =	
2	-4 + 5 + 4 =	
3	-3 - 10 - 6 =	
4	-5 + 2 + 3 =	
5	+2 - 3 + 9 =	
6	+9 - 7 - 7 =	
7	-6 - 5 + 4 =	
8	-7 - 10 - 9 =	
9	-8 + 1 + 4 =	
10	-7 - 7 + 3 =	
11	-8 + 6 - 2 =	
12	-10 + 5 - 10 =	
13	-1 + 10 - 7 =	
14	+2 - 9 - 5 =	
15	-1 - 5 + 10 =	
16	-7 - 4 + 7 =	

Numeri da -10 a +10

1	-3 + 5 - 10 + 2 + 5 =	
2	+8 + 7 + 6 + 4 - 10 =	
3	-6 + 8 - 3 + 7 - 9 =	
4	-6 + 4 - 4 + 3 - 3 =	
5	-7 - 2 + 4 - 2 + 3 =	
6	+7 + 4 - 1 - 8 + 4 =	
7	-8 + 4 - 6 - 1 - 9 =	
8	+1 + 9 - 5 + 2 - 5 =	
9	-9 + 5 + 4 + 3 - 9 =	
10	+9 - 8 - 9 + 6 - 4 =	
11	-1 - 1 - 4 - 8 + 10 =	
12	-3 + 1 + 3 - 4 + 7 =	
13	+8 + 7 - 8 - 2 + 3 =	
14	+9 - 4 + 5 - 10 + 2 =	
15	-6 - 9 - 5 + 6 + 8 =	
16	+2 - 5 + 1 + 3 + 4 =	

Numeri da -20 a +20

17	-8 + 6 =	
18	+10 + 18 =	
19	+17 + 14 =	
20	-7 + 10 =	
21	+19 + 15 =	
22	+16 - 7 =	
23	+9 - 13 =	
24	+12 - 18 =	
25	+13 + 20 =	
26	+14 + 6 =	
27	+13 - 7 =	
28	+8 + 10 =	
29	-20 + 17 =	
30	-6 + 14 =	
31	+19 + 14 =	
32	-19 - 13 =	

Numeri da -20 a +20

17	+11 - 12 - 7 =	
18	-12 - 6 + 9 =	
19	+14 + 19 + 17 =	
20	-7 + 12 - 9 =	
21	-8 - 14 - 16 =	
22	-17 - 6 + 8 =	
23	+8 - 13 + 9 =	
24	-7 - 12 - 20 =	
25	+13 - 18 + 20 =	
26	+10 + 13 - 12 =	
27	+18 - 6 - 6 =	
28	-13 - 11 + 19 =	
29	-18 + 12 - 20 =	
30	-10 + 18 + 6 =	
31	-13 + 6 + 15 =	
32	+6 - 17 + 15 =	

Numeri da -20 a +20

17	-15 - 16 + 15 + 8 - 10 =	
18	-5 - 7 + 7 - 11 - 7 =	
19	-19 - 8 + 8 + 17 - 18 =	
20	-1 + 5 - 20 - 10 - 11 =	
21	+17 + 11 + 6 + 18 - 2 =	
22	-9 + 5 - 18 - 12 - 12 =	
23	-11 - 12 + 12 + 12 + 2 =	
24	+6 + 20 + 19 - 12 - 17 =	
25	+8 + 9 - 17 + 10 + 6 =	
26	-11 - 9 + 8 + 20 - 9 =	
27	-5 - 5 + 17 + 15 + 18 =	
28	+15 - 15 + 11 + 16 + 19 =	
29	-7 + 16 - 6 - 11 - 12 =	
30	+19 + 2 - 17 - 18 + 16 =	
31	-9 - 12 + 12 + 8 - 3 =	
32	+8 + 8 - 6 - 20 + 16 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-3 +6 =	
2	-10 -5 =	
3	+10 +8 =	
4	+2 +7 =	
5	-1 -3 =	
6	-3 -8 =	
7	-10 -10 =	
8	-4 +10 =	
9	-4 -3 =	
10	0 -5 =	
11	+9 +2 =	
12	-7 -10 =	
13	+3 +3 =	
14	-3 -1 =	
15	+2 +6 =	
16	+8 +1 =	

Numeri da -10 a +10

1	-7 -9 +10 =	
2	-8 +3 -4 =	
3	-7 -9 -8 =	
4	-2 -2 -3 =	
5	+5 +8 +4 =	
6	+8 +5 -6 =	
7	-8 -2 +7 =	
8	+5 -3 +6 =	
9	+3 +7 +4 =	
10	-8 -7 -8 =	
11	-10 +8 +1 =	
12	+8 +9 +7 =	
13	-10 +1 -4 =	
14	-8 -10 +5 =	
15	-2 -2 +10 =	
16	-4 +5 +10 =	

Numeri da -10 a +10

1	-6 +5 -7 -1 +1 =	
2	-9 -9 +4 -7 +8 =	
3	+8 -7 -5 +1 -4 =	
4	+1 -10 -8 +1 +4 =	
5	0 -9 +6 -3 +10 =	
6	0 +4 +8 +9 +6 =	
7	0 -3 -3 +8 +1 =	
8	-8 -5 -9 +9 -10 =	
9	+4 -10 -9 -3 +8 =	
10	-9 +1 -5 -6 +8 =	
11	+1 +4 -8 -9 +8 =	
12	-9 -10 +1 -4 +2 =	
13	+5 +5 -3 -9 -8 =	
14	-3 +1 -7 +4 -4 =	
15	+9 +7 -8 -3 -2 =	
16	-9 +4 +9 -9 +7 =	

Numeri da -20 a +20

17	-13 -17 =	
18	+10 +6 =	
19	-19 +13 =	
20	+13 +12 =	
21	-8 -19 =	
22	+7 +17 =	
23	-12 -16 =	
24	-16 +7 =	
25	+12 -13 =	
26	+12 -16 =	
27	+11 -12 =	
28	+16 +19 =	
29	+12 +10 =	
30	+16 -14 =	
31	-17 -9 =	
32	+10 +12 =	

Numeri da -20 a +20

17	+11 -17 +7 =	
18	-17 +13 -9 =	
19	-18 +9 -10 =	
20	-20 +20 -19 =	
21	+14 -8 -6 =	
22	+17 -15 +14 =	
23	+10 +20 +17 =	
24	+12 +16 -18 =	
25	+7 +14 -15 =	
26	-9 -11 +20 =	
27	-6 -15 -6 =	
28	+13 -13 -15 =	
29	+15 -11 -8 =	
30	+18 +8 +6 =	
31	-7 +14 +11 =	
32	+10 +10 +19 =	

Numeri da -20 a +20

17	+20 +8 +16 -15 -13 =	
18	-10 +9 +16 +11 +8 =	
19	+17 -13 +13 +20 -7 =	
20	0 +6 +11 +10 +10 =	
21	+18 +7 -20 -7 -15 =	
22	+15 +9 +15 +14 -16 =	
23	0 +11 +19 +10 +10 =	
24	+14 -7 +13 +11 -19 =	
25	+10 +17 -8 -8 +10 =	
26	+3 +12 -20 +15 -1 =	
27	+10 -16 +15 +13 +12 =	
28	0 +10 -7 -12 -7 =	
29	-12 -9 -20 +17 -13 =	
30	-19 -1 -6 -19 -7 =	
31	-11 -19 +13 -10 +5 =	
32	-4 -15 -6 +12 -19 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-5 -6 =	
2	+2 +7 =	
3	0 -8 =	
4	+1 +10 =	
5	+2 +3 =	
6	+8 -1 =	
7	+7 -2 =	
8	+7 +6 =	
9	-4 +3 =	
10	+8 +5 =	
11	0 -7 =	
12	+8 +2 =	
13	-6 +6 =	
14	+4 +6 =	
15	-10 -7 =	
16	+9 -7 =	

Numeri da -10 a +10

1	+5 +5 +4 =	
2	-3 -1 +6 =	
3	+7 -9 +5 =	
4	+7 +9 -9 =	
5	-7 +3 -5 =	
6	+5 +9 +8 =	
7	+5 +9 +5 =	
8	+9 +3 -4 =	
9	+4 +6 -6 =	
10	0 +3 -2 =	
11	-4 -10 -10 =	
12	-10 +7 -1 =	
13	-9 +3 +4 =	
14	+10 -4 -4 =	
15	-3 -10 -5 =	
16	+2 -2 +2 =	

Numeri da -10 a +10

1	+9 -6 -10 -2 +9 =	
2	-2 -6 -5 -10 -4 =	
3	+8 -2 +8 +8 -7 =	
4	-9 -1 +6 -8 +8 =	
5	+8 -6 +6 +6 -2 =	
6	+3 +3 -6 +3 +3 =	
7	+2 +9 -10 -7 +9 =	
8	-6 -10 +8 -8 +5 =	
9	+10 -3 +8 -7 -7 =	
10	+6 +1 +8 +10 +3 =	
11	+3 -7 +5 +1 +9 =	
12	+9 -4 -1 -1 -3 =	
13	+3 -1 +9 +6 -6 =	
14	+1 +5 -7 +6 +8 =	
15	-1 +5 +1 +3 +7 =	
16	-10 +6 +1 +5 -6 =	

Numeri da -20 a +20

17	+10 -10 =	
18	+13 -17 =	
19	+7 +8 =	
20	-18 +6 =	
21	+17 -13 =	
22	+20 +20 =	
23	+19 -7 =	
24	-12 -12 =	
25	+9 -11 =	
26	-12 -14 =	
27	+15 +20 =	
28	-15 -9 =	
29	+13 +9 =	
30	-16 -9 =	
31	-9 -13 =	
32	-12 +16 =	

Numeri da -20 a +20

17	-10 -19 +15 =	
18	-14 +14 -11 =	
19	+13 +12 -18 =	
20	-17 -8 +16 =	
21	-6 -12 -7 =	
22	+12 +16 -7 =	
23	+18 +14 -18 =	
24	+11 +15 +6 =	
25	+11 +14 -19 =	
26	+15 -17 -17 =	
27	+10 -18 -16 =	
28	-17 +6 +14 =	
29	-7 +15 +8 =	
30	-6 -6 +10 =	
31	-20 +13 +10 =	
32	+10 -11 +20 =	

Numeri da -20 a +20

17	-19 -17 -11 +10 -11 =	
18	+12 -3 +14 -17 -5 =	
19	-10 -15 -13 +20 -8 =	
20	+17 +4 +19 +18 +10 =	
21	+1 -10 +11 -20 +7 =	
22	-13 -7 -12 +16 +18 =	
23	+2 -4 -6 +18 -2 =	
24	+2 +10 +12 -9 -14 =	
25	+4 -6 -17 -20 -16 =	
26	+15 -11 +13 -7 -16 =	
27	+17 -15 +18 +7 +2 =	
28	-2 +13 +7 +10 -16 =	
29	+14 -17 +7 -11 +18 =	
30	-6 +20 -14 +13 -7 =	
31	+7 -12 -7 +12 +9 =	
32	+11 -14 -17 +11 -18 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+1 +7 =	
2	-1 +10 =	
3	0 +3 =	
4	+3 -8 =	
5	-7 -6 =	
6	-4 +6 =	
7	-1 +1 =	
8	-4 -10 =	
9	-2 +1 =	
10	+5 +5 =	
11	+6 +6 =	
12	+6 -10 =	
13	+2 +4 =	
14	-5 +7 =	
15	+8 -9 =	
16	-10 +10 =	

Numeri da -10 a +10

1	0 +9 +5 =	
2	-10 +7 -9 =	
3	-4 +8 -10 =	
4	-1 +4 +1 =	
5	-3 -9 +2 =	
6	+10 -2 -10 =	
7	+9 +3 -5 =	
8	+3 -4 +9 =	
9	-6 +2 +10 =	
10	+8 -10 -3 =	
11	-10 -3 +8 =	
12	+1 +7 +3 =	
13	+5 +3 -2 =	
14	-9 +7 -9 =	
15	+8 -4 -2 =	
16	+3 +3 -7 =	

Numeri da -10 a +10

1	-7 +1 +1 +3 -2 =	
2	-10 -9 -7 +7 +3 =	
3	+6 -5 -4 -10 -2 =	
4	+2 +9 +7 -4 +5 =	
5	+1 +1 +2 -4 +3 =	
6	-5 -8 -9 +5 +8 =	
7	-6 -8 +8 +2 -2 =	
8	-8 -8 +6 -5 -10 =	
9	+3 +6 +3 +5 +6 =	
10	+6 -10 -1 -9 +8 =	
11	-8 +10 +1 -6 -6 =	
12	+2 +4 -2 +3 +3 =	
13	-7 -10 -5 +4 +10 =	
14	-2 -2 -6 -8 +8 =	
15	-1 -4 -9 +5 -9 =	
16	+10 +10 -8 -8 -9 =	

Numeri da -20 a +20

17	+11 -17 =	
18	+10 -15 =	
19	+15 +20 =	
20	+7 +15 =	
21	+13 +10 =	
22	-9 +20 =	
23	+19 -10 =	
24	+12 +6 =	
25	-14 +19 =	
26	-7 +16 =	
27	-10 -20 =	
28	-6 +10 =	
29	-10 -7 =	
30	-12 -16 =	
31	+7 -14 =	
32	+19 +11 =	

Numeri da -20 a +20

17	-13 -9 +8 =	
18	+7 -10 +13 =	
19	+9 -11 -12 =	
20	+16 +7 -12 =	
21	+12 +11 +14 =	
22	-9 -6 +14 =	
23	-6 +17 +19 =	
24	-10 -14 -9 =	
25	-15 +17 -18 =	
26	-20 +15 -19 =	
27	-15 +6 +20 =	
28	-15 +7 +16 =	
29	-18 -11 -17 =	
30	-12 -10 -20 =	
31	+17 -15 -13 =	
32	+9 -20 -14 =	

Numeri da -20 a +20

17	+20 -1 +12 +15 +15 =	
18	-11 -1 -18 -19 -2 =	
19	+10 -16 -19 +20 +16 =	
20	+1 -18 +20 +10 +6 =	
21	+18 -19 -19 -9 +11 =	
22	+3 -13 -16 +15 -9 =	
23	-15 +8 +20 +7 +16 =	
24	0 -5 +6 -19 +9 =	
25	-16 +13 +10 -14 +9 =	
26	+10 -12 +19 +8 -10 =	
27	-1 -10 +8 +15 -4 =	
28	-9 +3 -20 +9 +10 =	
29	-10 +12 -16 -19 +18 =	
30	-6 -8 -9 +19 -5 =	
31	-20 +3 -13 -8 +1 =	
32	-13 +9 -13 -6 -16 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-4 +9 =	
2	+7 +3 =	
3	+3 -1 =	
4	-9 +3 =	
5	-5 +4 =	
6	+9 +2 =	
7	-8 -10 =	
8	+6 +3 =	
9	+10 +4 =	
10	0 -3 =	
11	-1 -8 =	
12	+6 -1 =	
13	+8 +9 =	
14	+8 -3 =	
15	-9 +5 =	
16	-4 +9 =	

Numeri da -10 a +10

1	+10 +6 +7 =	
2	-3 -10 -8 =	
3	+10 +8 -5 =	
4	+6 +10 -9 =	
5	-10 -4 -4 =	
6	+4 +2 +6 =	
7	+10 -9 -6 =	
8	+10 +4 -2 =	
9	+1 +10 +2 =	
10	-5 +4 +1 =	
11	+7 -10 +9 =	
12	-5 -8 +3 =	
13	+6 -8 +2 =	
14	-8 -8 +8 =	
15	-3 +1 -1 =	
16	+6 -10 -10 =	

Numeri da -10 a +10

1	0 -5 +6 -3 +7 =	
2	-2 +5 +7 +8 +8 =	
3	+7 +10 -1 -3 +3 =	
4	-6 -10 +9 +4 +8 =	
5	+1 +4 -4 -6 +6 =	
6	+8 -10 +6 -4 +1 =	
7	-6 +10 -10 -10 +10 =	
8	-6 -3 +8 +6 -9 =	
9	+1 +8 +2 -8 +3 =	
10	-1 -5 -9 +6 +8 =	
11	-1 +3 +7 -2 -9 =	
12	+9 -8 +9 +10 +8 =	
13	+8 +4 -7 -8 +9 =	
14	+1 +3 +5 +8 +1 =	
15	-1 +6 -5 +4 +3 =	
16	-3 -5 -3 -2 -5 =	

Numeri da -20 a +20

17	-7 +14 =	
18	+10 -12 =	
19	-10 -18 =	
20	+12 +16 =	
21	-6 -19 =	
22	+20 -10 =	
23	-17 -17 =	
24	+17 +10 =	
25	+13 -20 =	
26	-8 -18 =	
27	+11 -11 =	
28	+14 +10 =	
29	+18 -8 =	
30	-8 -6 =	
31	+20 -17 =	
32	+6 +20 =	

Numeri da -20 a +20

17	+16 -11 -6 =	
18	+13 +9 +10 =	
19	-8 +20 +16 =	
20	+9 +9 +7 =	
21	+10 +8 -15 =	
22	+20 -16 +9 =	
23	-6 +19 +11 =	
24	+12 -7 -7 =	
25	+9 -9 +13 =	
26	+17 +20 +19 =	
27	-7 -8 +11 =	
28	-9 -8 +16 =	
29	+6 -12 +12 =	
30	-20 +19 +18 =	
31	+9 -9 -10 =	
32	-14 -6 +8 =	

Numeri da -20 a +20

17	+14 -12 -16 -8 +13 =	
18	+15 -20 -12 +17 -6 =	
19	+11 -20 +19 +17 +14 =	
20	-11 +8 +7 +16 +2 =	
21	+18 +7 -7 +19 +3 =	
22	+8 +19 +12 -10 +11 =	
23	-3 +17 +11 -17 +10 =	
24	-9 -2 -10 -10 -18 =	
25	+20 -7 +13 -18 -15 =	
26	-18 -12 +11 -14 -18 =	
27	+4 +14 +9 +18 -12 =	
28	-15 -7 -11 -8 +16 =	
29	+11 -14 -7 -12 -1 =	
30	+14 +2 -7 -16 +11 =	
31	+15 -11 +11 -8 -6 =	
32	+16 +3 +13 +11 -3 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-6 -3 =	
2	-2 -10 =	
3	+6 +7 =	
4	+8 -5 =	
5	-1 +2 =	
6	+7 -7 =	
7	-8 -3 =	
8	+2 -10 =	
9	+10 -6 =	
10	+3 +6 =	
11	+5 +10 =	
12	-1 -8 =	
13	-10 -3 =	
14	+3 +5 =	
15	-7 -1 =	
16	+4 +3 =	

Numeri da -10 a +10

1	-8 +2 -5 =	
2	+7 -1 -2 =	
3	-9 -1 -7 =	
4	+2 +8 -3 =	
5	-2 +1 +6 =	
6	+7 +1 -7 =	
7	-8 -6 +9 =	
8	-5 -9 +2 =	
9	-5 -1 -8 =	
10	+2 +2 +3 =	
11	-2 -2 -5 =	
12	-1 -1 +10 =	
13	-9 +2 +4 =	
14	-5 -8 -3 =	
15	-8 +3 -10 =	
16	-1 +7 +8 =	

Numeri da -10 a +10

1	-10 +9 +3 -10 +5 =	
2	+1 +6 -9 +6 +1 =	
3	-10 +6 +3 +4 -1 =	
4	+4 -9 -1 -4 -6 =	
5	-7 -2 -1 +2 -1 =	
6	+7 +10 -1 +5 +4 =	
7	+10 +4 +2 -8 -7 =	
8	+8 +6 -7 -3 -2 =	
9	-3 +3 -8 +9 +5 =	
10	-9 +3 +3 +4 -1 =	
11	-2 +4 -3 +2 -6 =	
12	-10 +6 -5 -8 -2 =	
13	-5 -5 -9 -3 +6 =	
14	-1 +6 -8 +8 +8 =	
15	-2 -7 +8 -2 +9 =	
16	-5 +8 -10 +1 +3 =	

Numeri da -20 a +20

17	+10 +13 =	
18	-9 +7 =	
19	+15 -12 =	
20	-10 -17 =	
21	-18 +18 =	
22	+18 +13 =	
23	-18 +8 =	
24	+6 -18 =	
25	-11 +11 =	
26	-19 +18 =	
27	+15 -11 =	
28	-13 -6 =	
29	+16 +12 =	
30	-6 +17 =	
31	+18 -10 =	
32	+12 -17 =	

Numeri da -20 a +20

17	-15 -10 -11 =	
18	+18 +8 -11 =	
19	-14 -11 -16 =	
20	+15 +16 +18 =	
21	+11 -9 -16 =	
22	-13 -18 -7 =	
23	+11 -9 +15 =	
24	+13 +12 +6 =	
25	-7 -15 +20 =	
26	-6 -16 +15 =	
27	+11 -14 -9 =	
28	-17 -15 -16 =	
29	+17 +17 -17 =	
30	-6 +9 -13 =	
31	+12 -14 +16 =	
32	+11 -12 +9 =	

Numeri da -20 a +20

17	+15 +3 -15 -15 +10 =	
18	-14 -19 -14 -9 -15 =	
19	+13 -7 -8 -20 +3 =	
20	+11 +13 +18 +17 +7 =	
21	+7 -16 -12 +17 -5 =	
22	+2 +16 -19 +12 -7 =	
23	+4 +14 -7 -8 +8 =	
24	+2 -6 -14 -12 -12 =	
25	+18 +17 -8 -7 -19 =	
26	+19 +2 +9 +10 +11 =	
27	-20 -13 -14 +9 -12 =	
28	+18 +11 +7 +19 +1 =	
29	+19 +9 -12 -6 -15 =	
30	+7 +6 +9 +18 -4 =	
31	-16 +1 +6 -13 +16 =	
32	-9 +10 -8 +9 +19 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	$+4 -6 =$	
2	$+4 -8 =$	
3	$+6 -10 =$	
4	$+7 -8 =$	
5	$+9 +7 =$	
6	$-7 +7 =$	
7	$+10 -8 =$	
8	$-7 -3 =$	
9	$+7 +4 =$	
10	$-4 +10 =$	
11	$+10 +1 =$	
12	$-7 +1 =$	
13	$+5 +5 =$	
14	$+2 +4 =$	
15	$-10 -10 =$	
16	$+4 -3 =$	

Numeri da -10 a +10

1	$-10 -7 +6 =$	
2	$-3 -7 -7 =$	
3	$+7 -10 -2 =$	
4	$+2 +2 +8 =$	
5	$-3 +5 -10 =$	
6	$0 +1 -10 =$	
7	$+6 -7 -2 =$	
8	$+2 +2 -6 =$	
9	$+5 -6 -4 =$	
10	$-9 -4 -5 =$	
11	$+2 -8 -7 =$	
12	$+2 -6 +4 =$	
13	$+1 +3 -3 =$	
14	$0 +9 +6 =$	
15	$+7 -3 -8 =$	
16	$-6 -2 +3 =$	

Numeri da -10 a +10

1	$-6 -6 +8 +9 +1 =$	
2	$-8 +6 -1 -7 +5 =$	
3	$-9 -1 -4 +4 -9 =$	
4	$+8 -2 -7 +2 -4 =$	
5	$-7 +8 -2 +7 -10 =$	
6	$-1 +1 -6 +5 +5 =$	
7	$-1 +6 +5 +3 -10 =$	
8	$-7 -8 +7 +2 +3 =$	
9	$+6 +9 +3 +9 -10 =$	
10	$+10 -3 +8 -3 -1 =$	
11	$-4 -3 +10 +4 +1 =$	
12	$-9 +5 -5 +4 +10 =$	
13	$+10 +7 -9 +8 -4 =$	
14	$-3 -1 +6 -3 -2 =$	
15	$+4 -6 +10 -6 +2 =$	
16	$+7 +10 -5 +3 +7 =$	

Numeri da -20 a +20

17	$-8 -17 =$	
18	$-8 -10 =$	
19	$+9 -14 =$	
20	$-18 +15 =$	
21	$+20 +9 =$	
22	$-14 -10 =$	
23	$+12 +18 =$	
24	$+20 +19 =$	
25	$-8 -15 =$	
26	$+20 -14 =$	
27	$-20 -7 =$	
28	$-9 -6 =$	
29	$+9 +15 =$	
30	$-20 -17 =$	
31	$-18 +11 =$	
32	$-15 +7 =$	

Numeri da -20 a +20

17	$+11 -17 -6 =$	
18	$+20 -13 +9 =$	
19	$+20 -12 +15 =$	
20	$-6 -7 -11 =$	
21	$-11 +6 +20 =$	
22	$-8 -7 +13 =$	
23	$+18 +6 +10 =$	
24	$-18 -6 -7 =$	
25	$-15 +17 -18 =$	
26	$+12 -9 +12 =$	
27	$+8 -11 -13 =$	
28	$-15 -13 -18 =$	
29	$+9 +18 +17 =$	
30	$-12 +15 -6 =$	
31	$+17 -7 +19 =$	
32	$+6 -20 -18 =$	

Numeri da -20 a +20

17	$+19 -17 -17 -20 +16 =$	
18	$+5 -14 +13 +9 -13 =$	
19	$+19 -3 +7 +10 +1 =$	
20	$-1 -10 +16 -13 -2 =$	
21	$+10 -7 +19 -16 +14 =$	
22	$+5 -20 +8 -9 -3 =$	
23	$+8 -18 -14 +9 +2 =$	
24	$-7 -15 -17 +8 +20 =$	
25	$+5 -2 -6 +11 +7 =$	
26	$+10 +9 +19 -17 +13 =$	
27	$-19 -16 +18 +15 -2 =$	
28	$-11 +10 -20 +6 +16 =$	
29	$-19 -20 -6 +10 -11 =$	
30	$-15 -5 -19 -20 -19 =$	
31	$+4 +8 +18 +8 -6 =$	
32	$+15 +16 -14 +8 +18 =$	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+3 -6 =	
2	0 -3 =	
3	+2 -4 =	
4	+3 -10 =	
5	+1 -10 =	
6	+4 -6 =	
7	+2 +1 =	
8	-6 +5 =	
9	-7 -9 =	
10	+4 -7 =	
11	+7 +5 =	
12	-6 -2 =	
13	-9 -10 =	
14	+7 +5 =	
15	-6 +3 =	
16	-2 -7 =	

Numeri da -10 a +10

1	-1 +7 +1 =	
2	0 +8 +3 =	
3	0 +8 +1 =	
4	-8 -3 +4 =	
5	-6 +4 -8 =	
6	+7 -7 -4 =	
7	+5 -3 +1 =	
8	0 -1 -8 =	
9	+6 +9 -10 =	
10	-5 +1 -8 =	
11	+8 +3 +9 =	
12	-8 -1 +7 =	
13	-6 +10 -8 =	
14	-2 +1 -8 =	
15	-5 +6 -10 =	
16	+6 +1 -8 =	

Numeri da -10 a +10

1	-8 -3 -3 -1 -10 =	
2	+7 -4 +7 -1 -10 =	
3	-8 -4 -7 +10 -5 =	
4	-3 -1 -6 -1 -4 =	
5	-5 +9 +10 +8 +7 =	
6	-2 -10 +8 +5 +10 =	
7	-3 +4 -2 +4 +8 =	
8	-3 +9 +5 -8 +10 =	
9	-10 +3 -2 -5 -6 =	
10	-8 -5 -3 -10 +4 =	
11	0 +1 +5 +4 +6 =	
12	+7 -6 +2 -3 -9 =	
13	+4 +1 +10 -2 +7 =	
14	-2 +7 -4 -6 +4 =	
15	+2 +2 -1 +10 -5 =	
16	-9 +10 +1 -8 +5 =	

Numeri da -20 a +20

17	-19 -8 =	
18	-18 -17 =	
19	-12 -15 =	
20	-11 -11 =	
21	+13 -10 =	
22	-15 +13 =	
23	-19 -11 =	
24	-18 +13 =	
25	+6 +14 =	
26	-8 -6 =	
27	-7 +13 =	
28	+16 +19 =	
29	-13 +16 =	
30	-12 -17 =	
31	-12 +17 =	
32	+20 -16 =	

Numeri da -20 a +20

17	+13 -11 +8 =	
18	-17 +11 +6 =	
19	-12 -6 +9 =	
20	+11 +19 -10 =	
21	+6 -6 -7 =	
22	-7 +10 +17 =	
23	-15 +7 -17 =	
24	+18 -17 -19 =	
25	+10 -16 -11 =	
26	-9 -6 +14 =	
27	-8 +18 +19 =	
28	-6 -13 -8 =	
29	-9 -9 -20 =	
30	+7 -7 -10 =	
31	+10 +18 +17 =	
32	-10 +20 -18 =	

Numeri da -20 a +20

17	0 +4 -11 -7 +13 =	
18	-4 +2 +17 +14 +2 =	
19	+8 +6 +13 -18 +2 =	
20	+12 +5 +6 -15 -13 =	
21	-8 +8 -16 +6 -12 =	
22	+5 -18 -13 +18 +17 =	
23	+19 -3 -12 -11 -16 =	
24	+2 +20 -19 -10 +14 =	
25	+19 +1 +14 +14 -7 =	
26	+9 +6 +9 -16 -9 =	
27	-13 -10 +12 -15 +4 =	
28	-11 -2 +11 -19 -16 =	
29	+19 -18 -14 +12 +11 =	
30	-10 +20 -10 +12 -5 =	
31	+8 -20 +15 +18 -17 =	
32	+14 +10 +19 -11 +7 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-9 +4 =	
2	-2 -10 =	
3	+1 +5 =	
4	-7 +7 =	
5	+7 +9 =	
6	-8 +5 =	
7	+9 +7 =	
8	-2 +4 =	
9	+3 -6 =	
10	+5 +6 =	
11	+5 +2 =	
12	-1 +2 =	
13	0 -9 =	
14	-1 -9 =	
15	+4 +10 =	
16	+7 +2 =	

Numeri da -10 a +10

1	+9 -9 -4 =	
2	-4 -5 +5 =	
3	+7 -6 +10 =	
4	-4 -2 -4 =	
5	-9 -1 +7 =	
6	+3 -1 +4 =	
7	+1 +3 +8 =	
8	-4 +8 +4 =	
9	+9 -2 +6 =	
10	+6 -2 +1 =	
11	-6 -5 -10 =	
12	-2 -3 +2 =	
13	-3 +2 -6 =	
14	-5 -8 +8 =	
15	-1 +6 -3 =	
16	+4 +6 -4 =	

Numeri da -10 a +10

1	+2 -7 +9 +2 +1 =	
2	+6 -9 +1 -2 +9 =	
3	-7 -9 +5 -7 -1 =	
4	-2 -9 -3 +6 -8 =	
5	-8 -9 +1 -6 +7 =	
6	-2 -10 -5 +4 +6 =	
7	+8 -8 -1 -4 -8 =	
8	+3 +6 +4 -7 +2 =	
9	+10 -3 -1 +2 +4 =	
10	+6 +1 -3 +10 -5 =	
11	+10 +6 -3 -9 +7 =	
12	+9 +5 +5 -3 -10 =	
13	-9 +9 -10 -3 +8 =	
14	+1 -2 -6 -6 -6 =	
15	-1 +10 +2 -4 -1 =	
16	-3 -9 +7 +3 +4 =	

Numeri da -20 a +20

17	+12 +10 =	
18	-15 -7 =	
19	+11 -12 =	
20	-10 +18 =	
21	-14 +9 =	
22	+18 -9 =	
23	+9 -13 =	
24	+18 +6 =	
25	+14 -11 =	
26	+12 +6 =	
27	+12 +19 =	
28	+17 -16 =	
29	-7 -19 =	
30	-14 -14 =	
31	+20 -17 =	
32	+12 +9 =	

Numeri da -20 a +20

17	+18 +6 -16 =	
18	-8 -19 -6 =	
19	-16 +20 +18 =	
20	-13 -14 +9 =	
21	+11 -15 -14 =	
22	+12 -19 +19 =	
23	-19 -17 +20 =	
24	-8 -20 -14 =	
25	-20 +12 -10 =	
26	+7 -16 +17 =	
27	-15 -17 -14 =	
28	-11 -18 +11 =	
29	-12 -7 +18 =	
30	-19 -17 +13 =	
31	+18 +19 -19 =	
32	-14 -6 -17 =	

Numeri da -20 a +20

17	+3 -4 -13 +15 +17 =	
18	-13 +9 -8 +9 -6 =	
19	+3 +6 +16 -7 +15 =	
20	-16 +1 -13 -16 +10 =	
21	+2 -3 -18 +14 -10 =	
22	+1 -2 -9 -16 +14 =	
23	-1 -11 -14 +16 -19 =	
24	-11 -5 -10 -12 +9 =	
25	-13 +7 -8 +11 -4 =	
26	-1 -5 +11 +7 -17 =	
27	-2 -17 -6 +8 -3 =	
28	+7 -6 -18 +19 -15 =	
29	+15 +4 +17 +9 +3 =	
30	0 +9 -16 -12 +13 =	
31	+18 +16 +17 -20 -16 =	
32	+3 -15 +20 -6 -6 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-7 +10 =	
2	+1 -5 =	
3	0 -6 =	
4	+9 +9 =	
5	+1 -2 =	
6	-10 +8 =	
7	-5 -5 =	
8	+10 +6 =	
9	-10 -5 =	
10	+9 +10 =	
11	-6 +3 =	
12	+10 -8 =	
13	+6 +2 =	
14	+3 -10 =	
15	-5 +4 =	
16	+10 +5 =	

Numeri da -10 a +10

1	-5 +5 -9 =	
2	+8 -8 -9 =	
3	+3 -2 -4 =	
4	-8 -6 -7 =	
5	+6 -4 +10 =	
6	+1 +2 +8 =	
7	-8 +9 -2 =	
8	+3 -7 +3 =	
9	-7 +4 -1 =	
10	-4 -5 +2 =	
11	+9 -7 +9 =	
12	+3 +4 +6 =	
13	-8 -1 -10 =	
14	+4 +4 -6 =	
15	+1 -6 -7 =	
16	+3 -4 +2 =	

Numeri da -10 a +10

1	-3 +9 -3 -8 -6 =	
2	+6 -7 -7 -4 -2 =	
3	+3 -2 -4 -3 -10 =	
4	-7 +3 -5 -10 -1 =	
5	-1 +1 -10 -5 +7 =	
6	-4 -2 -3 -8 -4 =	
7	+10 -8 -8 +5 -8 =	
8	-6 +7 -8 +10 +3 =	
9	+5 -10 +5 +5 -7 =	
10	-6 +1 +4 -1 +2 =	
11	-8 +10 -2 +3 -8 =	
12	+5 +8 +7 -5 -6 =	
13	+4 -4 -1 +5 -7 =	
14	-3 -4 +5 +10 -3 =	
15	+6 +6 +2 +5 -2 =	
16	-10 +2 +8 +10 -7 =	

Numeri da -20 a +20

17	+13 -8 =	
18	-17 -7 =	
19	+18 -19 =	
20	+13 -19 =	
21	+16 -19 =	
22	+8 +9 =	
23	+7 -12 =	
24	+7 -17 =	
25	-20 -14 =	
26	-9 -6 =	
27	-15 -7 =	
28	-13 +14 =	
29	-12 -9 =	
30	+15 -19 =	
31	-11 +17 =	
32	-9 -18 =	

Numeri da -20 a +20

17	-11 +6 -16 =	
18	+13 +18 +6 =	
19	+12 +17 -18 =	
20	-18 +20 -16 =	
21	-15 +9 +17 =	
22	+9 +12 -9 =	
23	+6 +13 -6 =	
24	+10 -19 +9 =	
25	-20 +8 +11 =	
26	-12 -14 +10 =	
27	-12 -9 -16 =	
28	-10 +9 -15 =	
29	+18 -15 +16 =	
30	-10 +11 +8 =	
31	-20 -14 +19 =	
32	+14 -7 -17 =	

Numeri da -20 a +20

17	+14 -16 +8 +19 -18 =	
18	+4 -3 -9 +8 -6 =	
19	-18 +12 -7 +6 +16 =	
20	-1 -2 +12 +18 +17 =	
21	+1 +12 -12 -20 +16 =	
22	-18 +6 +19 +11 -3 =	
23	-13 -19 -13 +7 +3 =	
24	-11 -12 -15 -14 -18 =	
25	+8 -17 -16 -14 +3 =	
26	-3 -8 -11 -13 -3 =	
27	+11 +18 -13 -17 -19 =	
28	+1 +4 -20 +17 -13 =	
29	+7 -18 +17 -6 -12 =	
30	0 +4 -14 +10 -7 =	
31	-11 +20 +15 +6 -17 =	
32	+1 -17 -11 -16 -9 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+6 +3 =	
2	+4 +6 =	
3	+1 +5 =	
4	+2 +2 =	
5	-10 -4 =	
6	-3 +3 =	
7	-10 -7 =	
8	+7 +3 =	
9	0 -8 =	
10	-8 +9 =	
11	-3 +2 =	
12	+2 -10 =	
13	+1 +3 =	
14	-5 +9 =	
15	-3 -2 =	
16	+4 +7 =	

Numeri da -10 a +10

1	-10 -5 -8 =	
2	0 -8 -4 =	
3	-7 -4 +5 =	
4	-1 -9 +10 =	
5	+1 +6 +4 =	
6	-9 +10 +6 =	
7	-6 -5 -3 =	
8	-6 +6 -10 =	
9	-6 -9 -6 =	
10	-2 -4 +8 =	
11	0 -7 +7 =	
12	-9 +3 +3 =	
13	+7 -7 +2 =	
14	-10 -7 +3 =	
15	+4 +7 -1 =	
16	-10 +2 -4 =	

Numeri da -10 a +10

1	+2 +8 +9 -9 -4 =	
2	+8 +2 -6 -3 +7 =	
3	-6 +2 -10 -8 -5 =	
4	+2 +7 -5 -2 -1 =	
5	-6 -9 -4 -4 -8 =	
6	-2 +2 +9 -8 +3 =	
7	+9 +9 -4 -9 -7 =	
8	+8 +7 -9 +3 -2 =	
9	-8 +8 +3 +4 -10 =	
10	-1 -5 +10 -7 +5 =	
11	+4 -2 -10 +6 -8 =	
12	+4 +6 +3 -6 +8 =	
13	+10 +8 +6 -4 +10 =	
14	-7 -4 +10 +5 +2 =	
15	+8 -9 +3 +2 -10 =	
16	-7 -5 +7 -7 +3 =	

Numeri da -20 a +20

17	+9 +6 =	
18	+13 +18 =	
19	+8 +12 =	
20	-17 -19 =	
21	+20 +16 =	
22	-13 +8 =	
23	-6 +19 =	
24	-13 -13 =	
25	+15 +8 =	
26	-12 +17 =	
27	+11 -17 =	
28	-13 +7 =	
29	-14 +7 =	
30	+12 +10 =	
31	-7 -16 =	
32	+17 -16 =	

Numeri da -20 a +20

17	+13 -19 -13 =	
18	+11 +16 -12 =	
19	+7 -18 +20 =	
20	+10 +6 +9 =	
21	-13 +17 -15 =	
22	+13 +11 -14 =	
23	+13 -18 -14 =	
24	-19 -11 +13 =	
25	+16 -12 +8 =	
26	+20 +16 -9 =	
27	+7 -13 -9 =	
28	+12 +11 +20 =	
29	-14 +13 +14 =	
30	+11 +18 -15 =	
31	+20 -8 -17 =	
32	+12 +9 +12 =	

Numeri da -20 a +20

17	+7 -18 +17 -17 -9 =	
18	-20 +19 -18 -17 -5 =	
19	-13 -18 +20 -16 +12 =	
20	0 -6 +15 +8 +15 =	
21	-2 +2 +17 -12 -2 =	
22	-18 -4 +12 +16 -12 =	
23	+12 -18 +10 -14 -15 =	
24	+3 -20 -18 -14 -12 =	
25	+4 +5 -11 +8 +10 =	
26	+16 +6 +20 -14 +19 =	
27	-17 -4 +10 +9 -1 =	
28	-5 -12 -12 -13 -13 =	
29	-3 -2 +11 -14 -4 =	
30	+14 -16 -20 -16 +4 =	
31	-3 +13 -17 +9 +14 =	
32	-5 -9 -17 +17 +7 =	

ADDIZIONI ALGEBRICHE
a due addendi

ADDIZIONI ALGEBRICHE
a tre addendi

ESPRESIONI
contenenti solo addizioni algebriche

Numeri da -10 a +10

1	-6 + 6 =	
2	+1 + 7 =	
3	+8 - 3 =	
4	+7 - 9 =	
5	+7 - 3 =	
6	+2 + 2 =	
7	-7 + 10 =	
8	+8 - 2 =	
9	+1 - 7 =	
10	+5 + 2 =	
11	+2 - 10 =	
12	-5 - 9 =	
13	0 + 7 =	
14	-7 - 10 =	
15	+10 + 2 =	
16	+10 - 3 =	

Numeri da -10 a +10

1	-5 - 6 - 1 =	
2	-8 + 5 - 1 =	
3	-9 + 7 - 1 =	
4	-10 - 7 - 4 =	
5	+5 - 1 + 5 =	
6	+4 + 2 + 1 =	
7	+10 + 3 + 6 =	
8	-8 - 1 + 8 =	
9	-3 - 3 + 3 =	
10	-10 + 3 + 3 =	
11	-1 - 3 + 7 =	
12	0 - 2 + 7 =	
13	-6 - 7 + 7 =	
14	-1 + 8 + 2 =	
15	-4 - 8 - 8 =	
16	-4 + 1 - 10 =	

Numeri da -10 a +10

1	-8 - 4 + 1 + 4 + 3 =	
2	-10 - 1 - 5 + 2 - 1 =	
3	-9 + 4 + 1 - 3 + 9 =	
4	+5 - 10 - 10 + 9 - 8 =	
5	+7 - 5 + 9 + 3 + 10 =	
6	+1 - 1 - 7 - 2 + 5 =	
7	+8 - 3 + 6 - 8 - 9 =	
8	-7 - 5 - 3 + 9 - 2 =	
9	-9 - 10 + 6 + 1 - 10 =	
10	-1 + 10 + 10 + 4 + 9 =	
11	-10 + 10 - 2 - 7 + 1 =	
12	+3 - 10 + 10 - 2 + 5 =	
13	+8 + 8 - 7 - 3 + 1 =	
14	-7 + 2 - 4 + 6 + 9 =	
15	+1 + 10 - 4 - 4 + 8 =	
16	-2 + 5 + 2 - 7 - 6 =	

Numeri da -20 a +20

17	-9 - 13 =	
18	+9 - 17 =	
19	-14 - 16 =	
20	-9 - 14 =	
21	+15 - 11 =	
22	+19 + 6 =	
23	+18 + 7 =	
24	+11 - 20 =	
25	+16 + 7 =	
26	-18 + 10 =	
27	-18 + 17 =	
28	+12 + 17 =	
29	+17 - 15 =	
30	+15 - 8 =	
31	-9 + 18 =	
32	+8 + 11 =	

Numeri da -20 a +20

17	-15 + 12 - 13 =	
18	+11 + 13 - 13 =	
19	+17 + 15 - 15 =	
20	+17 - 15 + 12 =	
21	-18 - 19 - 10 =	
22	-7 + 7 - 15 =	
23	-10 + 6 + 15 =	
24	-6 + 6 - 8 =	
25	+15 + 16 + 13 =	
26	+15 - 11 + 6 =	
27	-17 - 19 - 12 =	
28	+13 - 18 + 9 =	
29	-15 - 11 + 19 =	
30	-15 + 13 - 8 =	
31	-12 - 12 + 6 =	
32	+8 - 11 - 13 =	

Numeri da -20 a +20

17	-11 - 12 - 19 - 16 - 3 =	
18	-12 - 19 - 8 - 18 - 17 =	
19	-6 - 16 + 18 - 15 - 1 =	
20	+1 + 14 - 17 - 11 - 16 =	
21	+6 - 14 + 8 + 20 + 20 =	
22	+19 - 2 - 10 - 15 - 20 =	
23	+8 + 14 - 13 + 7 + 15 =	
24	-18 - 11 + 13 + 7 - 8 =	
25	-8 + 5 + 17 + 16 + 15 =	
26	+6 + 1 - 12 + 11 - 17 =	
27	+10 - 16 + 9 - 7 + 10 =	
28	-9 - 16 - 9 + 10 + 3 =	
29	+13 - 3 - 10 - 8 - 11 =	
30	-4 + 20 - 13 - 18 + 18 =	
31	-12 + 20 - 9 + 11 + 20 =	
32	+19 - 7 + 6 + 9 + 4 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+10 -5 =	
2	+10 -3 =	
3	-9 +6 =	
4	+10 +1 =	
5	+1 +1 =	
6	+8 +10 =	
7	+10 -8 =	
8	+1 +5 =	
9	-9 -7 =	
10	+10 +2 =	
11	-3 -8 =	
12	+6 -3 =	
13	-8 -5 =	
14	+6 +2 =	
15	0 +10 =	
16	+8 +9 =	

Numeri da -10 a +10

1	+6 +2 +10 =	
2	+3 +8 +2 =	
3	-4 -9 -5 =	
4	-10 +10 +10 =	
5	-9 -8 +6 =	
6	-6 +2 +10 =	
7	-6 -7 -7 =	
8	+7 +1 -9 =	
9	-8 -10 -8 =	
10	+4 +10 +2 =	
11	-4 +5 -9 =	
12	+6 -6 -10 =	
13	+3 -4 -2 =	
14	+10 +2 +7 =	
15	-8 -10 -4 =	
16	-6 +7 +10 =	

Numeri da -10 a +10

1	-6 +4 -9 -5 -2 =	
2	-5 -2 +1 -1 +9 =	
3	-6 -7 -5 -4 -5 =	
4	-9 -7 +9 +6 +9 =	
5	+5 -9 +8 +3 -7 =	
6	+7 -8 -8 +2 -8 =	
7	0 -9 -5 +6 -3 =	
8	-1 +1 -8 -10 -6 =	
9	-3 +1 -6 -8 -4 =	
10	-7 +2 +6 +4 -7 =	
11	+7 -1 +6 -9 +3 =	
12	+5 -6 -7 +3 +1 =	
13	+4 -10 +3 +8 +3 =	
14	+9 +6 +2 +5 -1 =	
15	+9 -9 -5 -2 -10 =	
16	+6 +5 +6 -5 +9 =	

Numeri da -20 a +20

17	+6 +6 =	
18	-16 -11 =	
19	-14 +8 =	
20	+20 +19 =	
21	-16 -17 =	
22	-10 -13 =	
23	+9 -16 =	
24	+18 +15 =	
25	-11 -14 =	
26	-8 +17 =	
27	+17 +11 =	
28	-13 -10 =	
29	-7 +19 =	
30	+15 -20 =	
31	+15 -16 =	
32	-7 -9 =	

Numeri da -20 a +20

17	-17 +14 +18 =	
18	+14 +9 +12 =	
19	-20 +8 +18 =	
20	-6 -15 +14 =	
21	-10 -19 -16 =	
22	-16 -10 +16 =	
23	-17 +16 -11 =	
24	-16 -19 +7 =	
25	+15 -6 +7 =	
26	-14 +17 -11 =	
27	-9 +12 +17 =	
28	+13 -12 -17 =	
29	-13 -20 +7 =	
30	+8 -18 +8 =	
31	+18 -8 +7 =	
32	-12 -20 -18 =	

Numeri da -20 a +20

17	+2 -3 -8 +12 -6 =	
18	-15 -4 -15 -8 -11 =	
19	-12 -13 -8 -9 +7 =	
20	-15 +10 -16 +18 -2 =	
21	-20 +15 -16 -19 -20 =	
22	+3 -6 +15 +17 +15 =	
23	+20 +20 +7 -7 +15 =	
24	0 +16 -6 -7 +17 =	
25	+5 -11 -8 +9 -2 =	
26	+5 -3 -16 +8 +19 =	
27	-1 -12 +15 +13 -17 =	
28	+9 -11 -14 +14 +7 =	
29	+19 +9 -14 -18 +5 =	
30	-3 +14 -8 -9 +19 =	
31	+4 +3 -10 -14 -18 =	
32	+8 +9 +8 +14 +8 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-1 -3 =	
2	+8 -5 =	
3	+9 +2 =	
4	+6 -6 =	
5	-5 -2 =	
6	+10 -5 =	
7	+5 +9 =	
8	-5 +8 =	
9	+7 -10 =	
10	-1 -7 =	
11	+1 +1 =	
12	+1 +2 =	
13	+5 +9 =	
14	-2 -9 =	
15	+3 +9 =	
16	+7 +4 =	

Numeri da -10 a +10

1	+3 -8 +6 =	
2	+3 -9 +10 =	
3	+8 -6 +7 =	
4	+7 -9 -2 =	
5	+10 +10 -8 =	
6	+9 -4 +5 =	
7	-7 -9 +3 =	
8	+8 -7 -4 =	
9	0 +1 -8 =	
10	-6 +10 +9 =	
11	+2 -8 -5 =	
12	-3 -10 -1 =	
13	+9 -4 +8 =	
14	-1 +4 +5 =	
15	-8 +2 -6 =	
16	-6 -3 +8 =	

Numeri da -10 a +10

1	-4 +6 +4 -8 -7 =	
2	-7 +2 +7 +4 -8 =	
3	-5 -8 +7 -6 -8 =	
4	-6 -10 -1 +1 +9 =	
5	+8 +7 +1 +6 -6 =	
6	0 +6 -1 +10 -7 =	
7	+7 -9 -8 +1 -1 =	
8	0 -4 -1 +4 +1 =	
9	-8 -5 -7 -1 +2 =	
10	-1 -7 +5 -7 -5 =	
11	-5 +6 +7 +1 +7 =	
12	+8 +9 +7 +4 -4 =	
13	0 -7 +8 -10 +5 =	
14	+5 +10 -5 -7 -10 =	
15	-3 +5 -9 +10 -6 =	
16	0 +4 +9 -2 +10 =	

Numeri da -20 a +20

17	-20 -7 =	
18	-7 +18 =	
19	+13 +8 =	
20	-18 +7 =	
21	-17 -18 =	
22	-20 -6 =	
23	+14 -18 =	
24	+17 -18 =	
25	-9 -10 =	
26	-17 +12 =	
27	-16 -20 =	
28	-18 -11 =	
29	+20 +17 =	
30	-6 -12 =	
31	-17 -14 =	
32	-14 -17 =	

Numeri da -20 a +20

17	-20 +20 -20 =	
18	-14 +16 -14 =	
19	-8 -18 -19 =	
20	-17 -8 -9 =	
21	+8 -20 -14 =	
22	-15 -16 -15 =	
23	+6 +10 +17 =	
24	-11 +16 +12 =	
25	+6 -12 +20 =	
26	+13 +14 +16 =	
27	-8 +13 -18 =	
28	-19 -17 -10 =	
29	-18 +12 -19 =	
30	-6 -8 +17 =	
31	+20 +13 -15 =	
32	-6 -12 -15 =	

Numeri da -20 a +20

17	+20 -19 -6 +20 -8 =	
18	-20 -6 -14 -20 +3 =	
19	+15 +2 -15 +11 -8 =	
20	-7 -9 -14 -19 -6 =	
21	+1 -6 -18 -12 -15 =	
22	-3 +3 -12 +20 -14 =	
23	-14 -16 -14 +9 -12 =	
24	-7 +20 +11 +20 -1 =	
25	-20 -2 -13 -8 -17 =	
26	-3 -18 +14 +7 +11 =	
27	-2 -14 +18 +14 -14 =	
28	+7 +14 -12 -15 +7 =	
29	-9 -14 -10 +8 +5 =	
30	-2 +9 +11 +6 -17 =	
31	+7 -3 +14 +10 -18 =	
32	+10 +4 -11 +16 +20 =	

ADDIZIONI ALGEBRICHE
a due addendi

ADDIZIONI ALGEBRICHE
a tre addendi

ESPRESIONI
contenenti solo addizioni algebriche

Numeri da -10 a +10

1	$0 - 4 =$	
2	$-8 - 3 =$	
3	$-3 + 5 =$	
4	$+7 + 3 =$	
5	$-10 - 7 =$	
6	$+3 + 4 =$	
7	$+6 - 10 =$	
8	$+5 + 10 =$	
9	$+2 - 1 =$	
10	$-1 + 8 =$	
11	$+1 + 3 =$	
12	$-7 + 1 =$	
13	$-7 + 8 =$	
14	$+2 + 4 =$	
15	$+9 + 10 =$	
16	$-10 + 6 =$	

Numeri da -10 a +10

1	$-5 - 7 + 9 =$	
2	$+1 + 2 + 7 =$	
3	$-9 + 9 + 10 =$	
4	$-8 + 2 - 6 =$	
5	$+7 + 7 - 4 =$	
6	$-10 + 9 - 9 =$	
7	$+3 + 8 - 8 =$	
8	$+5 - 3 - 6 =$	
9	$-2 + 5 + 1 =$	
10	$-5 - 8 - 2 =$	
11	$+1 + 1 + 1 =$	
12	$-5 + 5 - 5 =$	
13	$+7 + 6 + 7 =$	
14	$+4 + 9 - 8 =$	
15	$-6 - 7 + 2 =$	
16	$-8 + 10 + 1 =$	

Numeri da -10 a +10

1	$-7 - 7 + 1 + 6 - 10 =$	
2	$+10 + 4 + 3 + 7 + 5 =$	
3	$+8 + 1 + 3 - 10 + 8 =$	
4	$-10 + 7 - 5 + 5 - 1 =$	
5	$+8 + 6 - 7 - 7 - 7 =$	
6	$-7 + 1 + 5 - 6 + 4 =$	
7	$-6 + 7 + 10 + 6 - 4 =$	
8	$+6 - 2 + 1 - 4 - 4 =$	
9	$-6 + 5 - 9 + 7 - 7 =$	
10	$-6 - 9 + 9 + 6 + 1 =$	
11	$0 - 2 - 5 - 3 - 10 =$	
12	$+6 - 2 - 8 - 2 - 6 =$	
13	$+6 + 1 - 6 - 3 + 4 =$	
14	$-8 - 7 + 1 - 4 - 6 =$	
15	$-2 + 2 + 7 + 9 - 10 =$	
16	$-2 - 9 - 10 + 8 - 4 =$	

Numeri da -20 a +20

17	$+7 - 7 =$	
18	$-13 - 6 =$	
19	$-10 + 18 =$	
20	$-18 - 20 =$	
21	$-6 + 19 =$	
22	$-11 - 15 =$	
23	$+12 - 19 =$	
24	$-8 - 8 =$	
25	$-12 - 10 =$	
26	$+16 + 8 =$	
27	$-8 + 20 =$	
28	$-9 - 16 =$	
29	$-20 - 9 =$	
30	$+20 + 19 =$	
31	$-11 + 12 =$	
32	$+8 - 13 =$	

Numeri da -20 a +20

17	$+15 + 12 - 11 =$	
18	$-15 + 15 + 12 =$	
19	$+15 - 13 - 18 =$	
20	$-11 + 12 + 9 =$	
21	$+10 + 6 + 19 =$	
22	$-6 - 13 - 20 =$	
23	$-16 - 11 - 14 =$	
24	$-9 - 16 - 15 =$	
25	$+7 - 8 - 15 =$	
26	$-7 + 13 - 14 =$	
27	$-11 + 19 - 9 =$	
28	$-15 + 10 - 10 =$	
29	$+20 + 13 + 10 =$	
30	$-20 + 19 + 12 =$	
31	$+18 - 6 + 9 =$	
32	$-20 + 13 - 14 =$	

Numeri da -20 a +20

17	$-18 + 15 + 12 + 15 - 8 =$	
18	$+2 - 5 - 9 - 14 + 2 =$	
19	$+18 - 9 - 15 + 10 + 2 =$	
20	$+18 - 4 + 9 - 18 - 18 =$	
21	$+8 + 7 - 10 + 6 + 15 =$	
22	$-14 - 4 + 13 - 12 + 19 =$	
23	$+15 + 11 - 20 - 13 + 20 =$	
24	$-4 - 15 - 15 + 12 - 12 =$	
25	$+4 - 8 - 9 - 9 - 16 =$	
26	$+18 - 12 - 7 - 9 - 3 =$	
27	$+5 - 9 - 12 + 18 - 4 =$	
28	$+18 - 1 + 11 + 13 - 11 =$	
29	$+7 - 5 + 16 - 19 + 1 =$	
30	$+6 + 1 + 12 - 18 - 1 =$	
31	$-9 - 16 + 13 - 8 + 16 =$	
32	$+10 - 2 - 7 - 8 + 18 =$	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-6 -10 =	
2	+10 -6 =	
3	-4 +9 =	
4	-4 +8 =	
5	-7 -1 =	
6	-6 +2 =	
7	-10 +6 =	
8	+8 +7 =	
9	-1 +10 =	
10	+10 -3 =	
11	+8 +1 =	
12	-1 -9 =	
13	-6 +8 =	
14	-1 -7 =	
15	-8 -2 =	
16	-10 +3 =	

Numeri da -10 a +10

1	-10 -5 +8 =	
2	+2 -6 +2 =	
3	+7 -3 +6 =	
4	-10 -10 -9 =	
5	-6 -2 +9 =	
6	-10 -8 +3 =	
7	-9 -4 +4 =	
8	+1 +6 -7 =	
9	-2 +2 -2 =	
10	-2 -9 -7 =	
11	-3 -10 -1 =	
12	-7 +9 +4 =	
13	-1 +10 +9 =	
14	-1 -8 -5 =	
15	+9 +2 +7 =	
16	+7 -1 +1 =	

Numeri da -10 a +10

1	-6 -5 +3 -3 -4 =	
2	+9 -2 -2 -6 -3 =	
3	-7 -2 +6 -2 -1 =	
4	+1 +4 +6 -9 +6 =	
5	-1 -8 +1 -5 -1 =	
6	+7 -5 +8 +8 -6 =	
7	+5 -1 -4 +4 +7 =	
8	-4 +7 -1 +10 +2 =	
9	+6 +3 +2 -8 +9 =	
10	-9 -3 -7 -10 +6 =	
11	0 +6 -9 +8 -2 =	
12	-9 -7 +6 +8 +4 =	
13	-9 -1 +1 +3 -8 =	
14	-6 -5 -3 -4 -5 =	
15	+1 +5 -1 +8 -5 =	
16	-9 -3 +8 +2 -1 =	

Numeri da -20 a +20

17	+7 -9 =	
18	+16 +18 =	
19	+19 -20 =	
20	-17 +8 =	
21	-10 +10 =	
22	+19 -11 =	
23	-9 +17 =	
24	+9 -7 =	
25	-17 +11 =	
26	-16 +11 =	
27	-16 +11 =	
28	+18 +9 =	
29	-16 -15 =	
30	-14 -7 =	
31	-8 +14 =	
32	+19 -17 =	

Numeri da -20 a +20

17	+17 -19 +11 =	
18	+10 +12 -16 =	
19	-13 +12 -10 =	
20	+10 -19 +15 =	
21	+13 -8 -19 =	
22	+18 -13 +11 =	
23	-15 -10 +10 =	
24	-17 -6 +16 =	
25	-8 -8 +20 =	
26	+16 +10 +9 =	
27	-15 +14 -9 =	
28	+19 -9 +10 =	
29	+8 -7 -7 =	
30	-8 +8 -6 =	
31	+15 +8 +19 =	
32	+12 +17 +9 =	

Numeri da -20 a +20

17	-11 +16 -12 -15 +4 =	
18	-3 -15 -19 -14 +10 =	
19	+8 +6 -10 +11 +4 =	
20	+16 +5 +6 -14 +8 =	
21	-3 -13 -15 +6 -14 =	
22	+5 -11 -17 +6 +20 =	
23	+17 +8 -16 +15 +3 =	
24	+6 -2 -15 +15 -11 =	
25	+7 +9 +19 -15 +8 =	
26	-12 -3 -15 +7 -8 =	
27	+6 -14 +20 -15 -3 =	
28	+3 -20 +6 -11 -20 =	
29	-8 +10 +10 -10 +12 =	
30	+2 -13 +15 +12 +10 =	
31	-17 -10 +9 -18 -20 =	
32	+11 +16 -16 +6 +16 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+8 -3 =	
2	-5 +1 =	
3	-2 +1 =	
4	-10 -5 =	
5	-4 -5 =	
6	+6 +5 =	
7	-5 +1 =	
8	-10 +3 =	
9	+4 +4 =	
10	-5 +3 =	
11	-4 +3 =	
12	+7 -10 =	
13	-2 +2 =	
14	+8 +5 =	
15	+5 +6 =	
16	+6 -2 =	

Numeri da -10 a +10

1	+3 -5 -2 =	
2	0 -5 +8 =	
3	+4 -7 +1 =	
4	+7 +2 -2 =	
5	+8 +8 -9 =	
6	-2 +9 +1 =	
7	+1 +5 +8 =	
8	-8 -10 +2 =	
9	0 -1 +5 =	
10	+4 +3 -6 =	
11	-2 -10 -7 =	
12	+6 -3 -2 =	
13	-9 -6 +3 =	
14	-7 -1 +3 =	
15	-1 -10 -4 =	
16	+1 +8 -8 =	

Numeri da -10 a +10

1	-9 -1 +7 -6 -4 =	
2	-8 +10 +6 -10 +3 =	
3	+5 +8 +10 -1 +9 =	
4	-10 +1 +5 -5 +8 =	
5	-10 -3 +8 +4 -8 =	
6	-2 -6 +3 -4 +5 =	
7	+7 -6 -2 -8 +4 =	
8	+8 -3 -5 +2 +3 =	
9	-8 -1 +7 +8 -2 =	
10	-10 +6 +2 +4 +6 =	
11	0 +4 +3 +9 +3 =	
12	+10 -1 -2 +9 +7 =	
13	-3 -8 -6 -4 -9 =	
14	-5 +6 +7 -2 +6 =	
15	-4 +5 +9 -4 -9 =	
16	+8 +6 -2 -6 +1 =	

Numeri da -20 a +20

17	+20 +18 =	
18	+10 -19 =	
19	+18 +9 =	
20	+20 -16 =	
21	+16 +9 =	
22	-12 +7 =	
23	+20 +10 =	
24	-17 -17 =	
25	+12 +13 =	
26	-18 -20 =	
27	+20 -7 =	
28	-17 +12 =	
29	+12 -9 =	
30	-12 -11 =	
31	+20 +19 =	
32	-14 -15 =	

Numeri da -20 a +20

17	+8 +14 -16 =	
18	+10 +7 -17 =	
19	-9 +7 -20 =	
20	+13 -14 -16 =	
21	-15 +17 -19 =	
22	-10 +18 -9 =	
23	-10 -14 +18 =	
24	-10 -7 +17 =	
25	-13 +12 +13 =	
26	+17 +7 +19 =	
27	+11 +7 +9 =	
28	-12 -11 +6 =	
29	-20 +10 +13 =	
30	+15 +9 -16 =	
31	+6 -20 -8 =	
32	+15 -16 -10 =	

Numeri da -20 a +20

17	+11 -20 -10 +11 +15 =	
18	0 -15 +6 +14 -11 =	
19	+5 -16 +6 +6 +13 =	
20	-5 -17 -14 +7 +17 =	
21	-6 +9 -14 +11 +5 =	
22	+11 -14 -20 +9 -12 =	
23	-10 -7 +14 +11 -7 =	
24	-7 +9 +15 +15 +12 =	
25	0 -17 -16 +16 +15 =	
26	+12 +17 -9 -14 -14 =	
27	+9 -8 +17 +7 +6 =	
28	-18 +19 +15 +14 +5 =	
29	+9 -11 +9 -20 -8 =	
30	-11 -12 +16 +10 +7 =	
31	-12 +17 -12 -12 +15 =	
32	+14 -9 -15 -10 +9 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+2 -9 =	
2	+10 -10 =	
3	-10 -7 =	
4	-6 +3 =	
5	-5 -4 =	
6	+7 +10 =	
7	+2 -10 =	
8	-1 +5 =	
9	-9 -9 =	
10	-7 -4 =	
11	+10 +1 =	
12	-2 +6 =	
13	-10 -9 =	
14	+1 +6 =	
15	+8 -2 =	
16	+5 -1 =	

Numeri da -10 a +10

1	-9 +2 -2 =	
2	+10 -8 -4 =	
3	+1 +3 +2 =	
4	+10 +7 +5 =	
5	+9 -10 -3 =	
6	+10 -2 +9 =	
7	-5 -2 -9 =	
8	+6 +7 +4 =	
9	-4 +2 -5 =	
10	+2 +8 +4 =	
11	0 -6 +6 =	
12	+1 +1 +1 =	
13	-2 +5 +9 =	
14	-5 +3 -10 =	
15	+3 +10 -3 =	
16	-8 +6 +3 =	

Numeri da -10 a +10

1	+5 +8 -6 -4 +9 =	
2	+10 +6 -6 -5 +1 =	
3	+8 -1 +1 +7 -10 =	
4	+1 +6 -7 +7 -7 =	
5	+2 -4 +5 +6 +2 =	
6	+5 -9 -8 -3 +2 =	
7	+3 -3 -5 +6 +1 =	
8	-10 -4 -1 -2 -2 =	
9	-2 +5 -7 -7 -1 =	
10	+10 -2 +9 -9 +10 =	
11	-4 +9 +1 -5 +5 =	
12	+6 +9 -8 -2 +8 =	
13	+4 -1 -4 +8 +9 =	
14	+9 -6 -7 -5 +10 =	
15	+3 +9 -1 -10 +4 =	
16	-4 -10 -10 +1 +4 =	

Numeri da -20 a +20

17	-16 -10 =	
18	-16 -17 =	
19	-20 -19 =	
20	+6 +12 =	
21	+17 +18 =	
22	+15 -11 =	
23	+16 -9 =	
24	+20 +17 =	
25	-7 +17 =	
26	+13 -17 =	
27	+18 +8 =	
28	-17 +7 =	
29	-9 -8 =	
30	+10 +7 =	
31	+9 +10 =	
32	-20 -9 =	

Numeri da -20 a +20

17	+11 +15 -10 =	
18	-20 -19 +8 =	
19	+15 -15 -17 =	
20	-14 -19 +18 =	
21	-18 +10 -12 =	
22	+7 +11 +10 =	
23	+17 +20 -12 =	
24	-16 +19 -15 =	
25	+11 -13 -15 =	
26	+18 -14 +18 =	
27	+9 -14 -11 =	
28	-7 +8 +12 =	
29	-16 +17 +9 =	
30	+8 -10 +20 =	
31	-18 -19 +7 =	
32	+9 +17 +17 =	

Numeri da -20 a +20

17	+17 +4 +18 -6 +4 =	
18	+10 +13 -12 -7 +14 =	
19	-6 +8 +13 -15 +7 =	
20	-9 -11 -16 +20 +17 =	
21	+7 +15 +14 +18 -12 =	
22	+19 -15 +11 +15 -16 =	
23	-12 +2 +20 -8 -2 =	
24	+18 -18 -17 -6 +9 =	
25	-14 +7 -7 -16 +15 =	
26	+19 +12 +17 +14 +5 =	
27	-10 +11 -6 -19 -12 =	
28	-6 -10 +7 -8 +7 =	
29	-11 +19 -13 -17 +20 =	
30	+13 -4 -20 -9 +11 =	
31	+10 +4 -16 +9 -7 =	
32	+11 +6 -6 +7 -12 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-6 -2 =	
2	-5 -7 =	
3	+2 +9 =	
4	+1 +7 =	
5	+2 -7 =	
6	-2 -9 =	
7	-10 +3 =	
8	-7 +1 =	
9	-4 -9 =	
10	+7 -6 =	
11	+7 +10 =	
12	-2 -5 =	
13	+7 +6 =	
14	-5 +3 =	
15	+1 +8 =	
16	+1 -8 =	

Numeri da -10 a +10

1	-8 -9 +3 =	
2	-1 -10 -3 =	
3	-7 +3 -7 =	
4	+9 +6 -1 =	
5	+8 -1 -6 =	
6	+1 +10 -9 =	
7	-1 -10 +2 =	
8	+10 +7 -8 =	
9	+6 +6 -2 =	
10	+4 +7 +7 =	
11	-4 -8 +8 =	
12	-9 +3 +6 =	
13	-10 -6 -2 =	
14	+5 -7 -3 =	
15	-6 -2 +2 =	
16	-2 -10 +6 =	

Numeri da -10 a +10

1	-3 -7 -1 -7 +2 =	
2	+10 +6 -3 +3 +3 =	
3	+6 +10 +2 +1 -8 =	
4	-7 -10 -7 +2 +9 =	
5	+9 -3 +3 +8 +2 =	
6	+6 -1 +7 +3 +3 =	
7	-1 -2 +6 +4 -3 =	
8	+2 -2 +2 +9 -6 =	
9	+1 +3 -7 -5 -2 =	
10	+3 +1 +1 -5 +9 =	
11	-2 +3 +4 +2 +4 =	
12	0 +3 -8 -9 +5 =	
13	+1 -7 -10 -4 +9 =	
14	+4 -8 -3 +9 +3 =	
15	+2 +5 +8 +3 +6 =	
16	-9 +7 -2 -6 -7 =	

Numeri da -20 a +20

17	-16 +10 =	
18	+16 +18 =	
19	+16 +18 =	
20	-16 +11 =	
21	+11 +7 =	
22	-6 +9 =	
23	-7 +10 =	
24	+8 +12 =	
25	-18 -11 =	
26	+19 +7 =	
27	-8 -7 =	
28	+15 -20 =	
29	+17 +19 =	
30	-18 -6 =	
31	+16 -17 =	
32	+8 +14 =	

Numeri da -20 a +20

17	+16 -8 -13 =	
18	-16 +16 +20 =	
19	-19 +11 -17 =	
20	-14 +16 +20 =	
21	-20 -7 -16 =	
22	-12 +16 -8 =	
23	-10 +10 -20 =	
24	+16 -11 +10 =	
25	-12 -12 -13 =	
26	+10 +19 +8 =	
27	-12 +19 -6 =	
28	+10 +11 +16 =	
29	-12 +16 -13 =	
30	+10 -11 -19 =	
31	-11 +15 -6 =	
32	+19 -17 -6 =	

Numeri da -20 a +20

17	-14 +3 +20 -18 -13 =	
18	-6 +4 +15 -9 +18 =	
19	+8 +14 +14 +20 -9 =	
20	-18 -1 -20 -10 -13 =	
21	-1 +15 -10 -15 -19 =	
22	+11 -8 -6 -9 +15 =	
23	-6 -17 +16 +20 +9 =	
24	-14 +10 +6 +9 -3 =	
25	+11 -12 +18 -17 +17 =	
26	+17 -10 +17 -6 +16 =	
27	+4 -15 -9 -20 +10 =	
28	-1 +2 +18 +13 +8 =	
29	+19 -5 +12 +17 -9 =	
30	+6 -4 +8 +17 +13 =	
31	-3 -2 +7 +12 +19 =	
32	-11 +16 +8 +6 -15 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-9 + 8 =	
2	+3 + 9 =	
3	+7 + 6 =	
4	0 - 1 =	
5	-2 - 4 =	
6	-1 - 7 =	
7	-8 + 6 =	
8	-4 - 10 =	
9	-2 - 7 =	
10	+8 - 5 =	
11	0 + 10 =	
12	+7 - 9 =	
13	-8 - 9 =	
14	+3 - 9 =	
15	-1 - 6 =	
16	+9 + 8 =	

Numeri da -10 a +10

1	-8 + 10 - 4 =	
2	+2 + 2 - 9 =	
3	-4 + 6 - 10 =	
4	-9 + 3 + 7 =	
5	-5 + 8 + 7 =	
6	-4 - 1 + 3 =	
7	-2 - 1 - 5 =	
8	+7 - 2 - 9 =	
9	-10 + 8 + 8 =	
10	-4 + 3 - 6 =	
11	-10 - 2 + 4 =	
12	-10 + 5 + 8 =	
13	-5 - 5 + 6 =	
14	+10 + 5 - 5 =	
15	+4 - 8 - 3 =	
16	-9 - 10 - 10 =	

Numeri da -10 a +10

1	+6 + 4 + 2 - 1 - 4 =	
2	-6 - 3 - 8 - 3 - 6 =	
3	-1 + 10 - 3 + 10 - 9 =	
4	-5 + 8 + 10 - 6 - 3 =	
5	-8 + 2 - 3 + 2 - 1 =	
6	-8 + 8 - 8 - 9 + 10 =	
7	-2 + 4 - 10 - 7 + 5 =	
8	+1 - 9 + 4 + 3 + 7 =	
9	-10 - 8 + 6 + 5 - 2 =	
10	+8 - 4 - 6 - 3 - 8 =	
11	0 + 3 - 7 - 6 - 2 =	
12	+6 - 5 + 6 - 3 - 9 =	
13	-6 + 1 - 7 + 9 + 10 =	
14	-3 + 1 + 9 + 9 - 3 =	
15	-4 + 2 + 9 - 2 - 5 =	
16	+7 - 9 - 3 + 8 - 10 =	

Numeri da -20 a +20

17	+15 - 18 =	
18	+7 + 14 =	
19	+12 - 20 =	
20	-12 + 6 =	
21	+7 - 15 =	
22	+18 + 20 =	
23	-10 - 20 =	
24	+14 - 20 =	
25	+9 + 18 =	
26	-19 - 9 =	
27	+19 + 18 =	
28	+20 - 13 =	
29	+19 + 7 =	
30	+7 - 16 =	
31	-7 + 7 =	
32	-20 - 6 =	

Numeri da -20 a +20

17	-11 + 7 - 15 =	
18	+18 - 17 - 10 =	
19	+7 - 9 - 13 =	
20	+20 - 19 + 16 =	
21	-16 - 7 - 12 =	
22	-19 + 19 - 13 =	
23	-7 + 16 + 17 =	
24	+16 + 15 - 19 =	
25	+13 - 12 + 15 =	
26	-10 - 14 - 7 =	
27	-10 - 17 - 17 =	
28	+14 + 17 + 20 =	
29	-6 + 16 + 19 =	
30	+11 + 10 + 7 =	
31	+14 + 7 + 8 =	
32	-11 + 8 - 19 =	

Numeri da -20 a +20

17	+16 + 13 - 11 + 11 - 10 =	
18	-17 - 4 - 13 + 17 + 11 =	
19	-5 - 7 + 15 + 11 - 7 =	
20	+18 + 19 - 6 - 10 + 20 =	
21	-5 - 2 - 20 + 17 - 9 =	
22	+7 + 12 - 19 + 13 - 10 =	
23	+20 + 14 + 18 - 7 + 8 =	
24	-5 + 4 + 6 - 13 - 5 =	
25	-8 - 5 - 13 - 19 - 19 =	
26	0 + 20 + 18 + 7 + 3 =	
27	+17 + 20 + 7 + 11 - 19 =	
28	-2 + 20 - 11 + 9 - 14 =	
29	-6 + 11 + 9 + 13 - 5 =	
30	-14 - 4 + 18 - 12 - 15 =	
31	-20 + 10 + 10 + 18 - 18 =	
32	-7 + 4 - 6 + 17 + 12 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-6 +7 =	
2	-9 +3 =	
3	+4 +6 =	
4	+1 -3 =	
5	+6 -2 =	
6	+3 -8 =	
7	+9 +2 =	
8	-6 +5 =	
9	+2 -3 =	
10	-2 +5 =	
11	-8 -1 =	
12	+10 -5 =	
13	+1 -2 =	
14	-4 -9 =	
15	+1 -8 =	
16	0 +10 =	

Numeri da -10 a +10

1	+5 +5 -3 =	
2	-1 -7 +9 =	
3	+10 +10 -1 =	
4	-7 +4 -6 =	
5	-3 -6 +2 =	
6	+10 +10 +6 =	
7	+7 +5 +1 =	
8	-7 -10 -2 =	
9	+6 -9 +9 =	
10	-6 +7 -4 =	
11	-8 -4 +4 =	
12	+6 +7 -5 =	
13	-9 -7 +2 =	
14	-1 +1 -2 =	
15	-10 -7 +10 =	
16	+5 +10 +10 =	

Numeri da -10 a +10

1	+9 -5 -1 +7 -6 =	
2	+10 -8 -8 -10 +1 =	
3	-8 -3 +8 +10 +5 =	
4	-3 -8 -6 -5 +4 =	
5	+7 +8 +3 +1 -1 =	
6	-8 -1 +8 +2 -6 =	
7	+9 +9 +9 -2 +4 =	
8	-10 -2 +1 -3 -6 =	
9	+3 -7 -5 -10 -5 =	
10	+5 +4 -6 +2 +6 =	
11	-4 +1 +8 +8 -9 =	
12	+3 +2 -8 +4 +8 =	
13	+4 -2 +9 -3 +2 =	
14	-9 +1 -5 +5 -3 =	
15	0 +1 -1 -8 -2 =	
16	-9 +5 +2 +10 -5 =	

Numeri da -20 a +20

17	-10 +18 =	
18	+14 +16 =	
19	+16 -13 =	
20	-7 -6 =	
21	-8 -18 =	
22	+16 -11 =	
23	+14 -20 =	
24	-12 +11 =	
25	+10 -16 =	
26	+10 -11 =	
27	+17 -14 =	
28	+10 -11 =	
29	+15 +15 =	
30	+11 +15 =	
31	-16 -17 =	
32	+16 -17 =	

Numeri da -20 a +20

17	+10 -16 -12 =	
18	-12 -15 +11 =	
19	-8 +18 -12 =	
20	-15 +16 -20 =	
21	+7 -14 -9 =	
22	-8 +17 +18 =	
23	-18 -6 -20 =	
24	-13 -18 -17 =	
25	+11 +12 +11 =	
26	-17 -10 -16 =	
27	-12 -6 +10 =	
28	+20 -19 +15 =	
29	+18 -14 -12 =	
30	-6 +17 +8 =	
31	+13 -14 +9 =	
32	-15 +10 -14 =	

Numeri da -20 a +20

17	+3 +18 -13 -11 -10 =	
18	+17 +7 +20 +10 -1 =	
19	+8 +18 -10 -19 +12 =	
20	-19 -15 -8 -19 -8 =	
21	+5 -2 -15 +20 -3 =	
22	-5 -12 +18 +11 +9 =	
23	-4 -2 -11 -17 -6 =	
24	+4 -13 -15 -19 -1 =	
25	+17 +7 +15 +9 -11 =	
26	-10 +16 +11 +20 +3 =	
27	+9 -3 +10 +6 -5 =	
28	+15 +12 +19 +7 +12 =	
29	+3 -17 +10 -10 -8 =	
30	-15 -9 +15 +16 +2 =	
31	+1 -15 -7 -12 -12 =	
32	+20 -8 -12 -12 +2 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	-10 -2 =	
2	-8 +6 =	
3	+10 -7 =	
4	+2 -10 =	
5	+1 +4 =	
6	-4 +2 =	
7	-7 -2 =	
8	+4 +3 =	
9	-6 -3 =	
10	+2 +4 =	
11	-7 -6 =	
12	0 -3 =	
13	+2 -5 =	
14	-7 +9 =	
15	-7 -7 =	
16	-8 -10 =	

Numeri da -10 a +10

1	-7 -8 +8 =	
2	0 -1 +6 =	
3	+7 -6 +5 =	
4	+1 -5 -9 =	
5	0 +6 +6 =	
6	0 -9 -5 =	
7	-4 -1 -2 =	
8	+2 -2 -2 =	
9	-4 +8 +4 =	
10	-4 +7 +3 =	
11	+7 +4 +6 =	
12	+7 -9 +8 =	
13	+1 +7 -7 =	
14	+1 -1 -1 =	
15	+3 -6 +4 =	
16	+1 +3 +1 =	

Numeri da -10 a +10

1	-10 -3 -2 +8 +3 =	
2	+4 +7 +6 -3 +3 =	
3	-7 -1 +8 +9 -7 =	
4	+5 -1 +5 +8 -6 =	
5	+2 +8 -10 -6 +9 =	
6	+10 +4 -7 +4 +6 =	
7	-9 +6 +4 -7 -5 =	
8	+8 +1 +1 -6 +6 =	
9	-5 +1 -6 -7 -7 =	
10	-4 -8 -10 +5 +5 =	
11	-5 -9 +10 -3 -9 =	
12	-8 -1 +6 -9 +3 =	
13	+4 +6 +5 +7 +9 =	
14	+3 -10 -7 -3 +9 =	
15	-5 -10 +6 +2 +7 =	
16	0 +1 -4 -6 -4 =	

Numeri da -20 a +20

17	+17 +12 =	
18	-13 +7 =	
19	+9 +12 =	
20	-11 -16 =	
21	+20 -6 =	
22	-7 +20 =	
23	+19 +13 =	
24	-14 -17 =	
25	-10 +6 =	
26	-14 -20 =	
27	-19 +19 =	
28	+13 +13 =	
29	-11 +7 =	
30	-14 -16 =	
31	-18 -10 =	
32	-6 -12 =	

Numeri da -20 a +20

17	-15 +14 -12 =	
18	+8 +18 -7 =	
19	-18 +10 -16 =	
20	-18 -14 +18 =	
21	-6 +12 +10 =	
22	+14 -14 +9 =	
23	+9 -11 +18 =	
24	+6 +7 +11 =	
25	-13 -18 -18 =	
26	+20 +10 +11 =	
27	+11 +19 +6 =	
28	-14 -8 -12 =	
29	+14 +13 +8 =	
30	+13 -8 -10 =	
31	+20 +20 +17 =	
32	-15 +9 +15 =	

Numeri da -20 a +20

17	-4 -14 -16 -12 -12 =	
18	+18 -4 +8 +16 +2 =	
19	+17 +5 -6 +18 -11 =	
20	-19 +11 -18 +15 +1 =	
21	+15 -14 +14 -7 -17 =	
22	-10 +9 -20 -16 +17 =	
23	+12 +1 -16 +13 +9 =	
24	-16 +12 +8 +10 +12 =	
25	-16 +18 +19 -18 +2 =	
26	+7 -20 -6 +8 -3 =	
27	+18 +6 -11 +13 +11 =	
28	+5 -6 -10 +7 +2 =	
29	-15 +8 -16 +12 -11 =	
30	+5 +10 +12 -20 +15 =	
31	-3 -3 -7 +14 +5 =	
32	+19 -9 -6 -13 -4 =	

**ADDIZIONI ALGEBRICHE
a due addendi**

**ADDIZIONI ALGEBRICHE
a tre addendi**

**ESPRESSIONI
contenenti solo addizioni algebriche**

Numeri da -10 a +10

1	+4 -10 =	
2	-5 -3 =	
3	-10 -6 =	
4	-5 +7 =	
5	+7 +7 =	
6	-10 -3 =	
7	+4 +7 =	
8	+3 +8 =	
9	+3 -9 =	
10	0 -1 =	
11	+8 +8 =	
12	-9 +2 =	
13	+6 -6 =	
14	0 +2 =	
15	-8 +4 =	
16	+8 +4 =	

Numeri da -10 a +10

1	+7 -3 -8 =	
2	+2 +2 -8 =	
3	-3 +3 -6 =	
4	+10 -3 +6 =	
5	-8 -4 -7 =	
6	+9 -7 -5 =	
7	+6 +3 -10 =	
8	+4 +9 +9 =	
9	+5 -8 -7 =	
10	0 -4 -2 =	
11	+8 +9 +8 =	
12	+1 +10 +5 =	
13	+9 +9 +5 =	
14	+2 +7 -7 =	
15	-6 +3 -3 =	
16	-5 +8 -10 =	

Numeri da -10 a +10

1	+5 -10 -6 +7 +5 =	
2	+6 +5 +5 +9 +10 =	
3	-8 -9 -2 -2 +5 =	
4	-4 +9 +1 +8 -5 =	
5	-6 -7 +9 -10 -10 =	
6	-2 -8 +7 -4 -6 =	
7	-1 +4 +6 -2 -7 =	
8	0 -8 -9 -3 -1 =	
9	-7 -2 -3 +9 +8 =	
10	0 +8 +5 -10 +9 =	
11	+5 -7 +1 +9 -3 =	
12	+6 -6 +5 +4 -4 =	
13	-1 -10 -3 -6 -10 =	
14	-8 +6 -7 +1 +1 =	
15	-10 +7 -9 +3 +8 =	
16	-6 -10 +5 -7 +6 =	

Numeri da -20 a +20

17	+13 -17 =	
18	+16 +18 =	
19	-15 +8 =	
20	+11 -14 =	
21	+17 -14 =	
22	-11 +16 =	
23	-8 +18 =	
24	-17 -16 =	
25	-18 -10 =	
26	-8 +10 =	
27	-18 +8 =	
28	+10 -6 =	
29	+10 +8 =	
30	+14 -19 =	
31	-15 +10 =	
32	+20 +17 =	

Numeri da -20 a +20

17	-11 -7 -10 =	
18	-10 +15 -19 =	
19	+20 -9 +14 =	
20	+8 -8 +10 =	
21	+14 -18 -9 =	
22	-15 +10 +6 =	
23	+10 +9 -15 =	
24	+19 -11 +11 =	
25	+6 -7 -17 =	
26	+7 +20 +18 =	
27	-9 -20 +20 =	
28	-17 -10 +14 =	
29	-12 -11 +16 =	
30	+14 -6 -7 =	
31	-10 -9 +19 =	
32	-14 +6 +19 =	

Numeri da -20 a +20

17	-13 +20 -12 +15 +18 =	
18	-14 -12 -19 -8 +16 =	
19	+2 +19 -16 -20 +14 =	
20	-1 -6 +17 -10 -3 =	
21	+10 +2 +10 -13 -4 =	
22	+16 +8 -17 -13 -3 =	
23	-3 +10 -13 -15 +7 =	
24	-12 -9 -14 +8 +14 =	
25	-11 +3 -11 +7 +13 =	
26	-4 -17 +7 +12 -7 =	
27	-2 +2 -7 -13 -7 =	
28	+5 +14 +13 +6 +9 =	
29	+4 +19 +8 +10 +7 =	
30	-1 -5 -9 -12 +14 =	
31	+3 +12 -18 +13 +18 =	
32	-18 -3 +11 +11 -8 =	